



**max biocare**

EVIDENCE-BASED • NATURAL • TRUST

# PRODUCT CATALOGUE

*Supporting your health, nutrition & beauty journey*

*For Health Professional Only. Not for Public Distribution*



**max biocare**  
PATIENTS FIRST • DOCTOR'S CHOICE



**Little Étoile**  
Healthy, Happy & Bright



**Belmarama**  
A DIVISION OF MAX BIOCARE  
Dermatologically tested



**GARDEN**  
OF WELLNESS



**MaxApium**  
Natural Bee Therapeutics



**Pawlavie**  
Petcare Innovation





**max biocare**  
EVIDENCE-BASED • NATURAL • TRUST

The Max Biocare Group is comprised of a family of brands that offer an extensive selection of products and solutions to help families protect and support their health and wellbeing. We provide tailored pharmaceuticals & supplements, food & nutrition, cosmeceuticals and personal care solutions to families and their beloved companions.



# Contents

				Page
About Max Biocare				4
Quality You Can Trust				5
Patented & Trademarked Ingredients in Our Products				6
Max Biocare Scientific Partnership and Ongoing Research Projects				10
Max Biocare Clinical Trials				12
Product Categorisation				20
Max Biocare's Healthy Aging Products Chart				21
Introduction to Bee Venom				22
Yinnar Bees and Venom Products				24
Max Biocare's Children's Products Chart				30
Max Biocare's Products for Reproductive Health, Women's Health, Nutrition and Beauty				46
Health Category	Colour Code	Product Name	 	
Brain, Heart & Cardiovascular Health Range		Vascuform		25
		Pacobra®	• •	26
		<sup>PM</sup> Brainin®		27
		Rejufort®		27
		Neurocard Max		28
Children's Health Range		Eye Tonic Kids		31
		BioImmunePlus® (chewable softgel)		31
		IQshield® Max (chewable softgel)		32
		Auscalmax (chewable softgel)		32
		Bright Kids® (chewable softgel)		33
		Bright Kids® Max (liquid drop)		33
Eye Health Range		Eye Tonic Forte		34
Gastrointestinal Health Range		Livaform®	• •	35
		Liver Detox		36
		Liver Detox Max	• •	36
Immune Health Range		ResponseI®	• •	37
		Maxucosa®	• •	38
		Maxucosa <sup>Forte</sup>	• •	39
		Immune Advanced Max	• •	40
Metabolism Health Range		Aquielle®	•	41
Muscle & Skeletal Health Range		Tregocel®	• •	42
		Ozerelief®		43
		Bonlutin®		43
		GoutFighter	•	44
		Extra Bonecare <sup>Forte</sup>	• •	44
		Flexenom		45
Preconception, Pregnancy & Post-Delivery Range		Ovaritol®		47
		Procure <i>Diamond Plus</i>		47
		<sup>PM</sup> Procure Range		48
		IronUp®		49
		ProLactation	• •	49
		Belmarita®		50
Sexual & Reproductive Health Range		Femme-F	• •	51
		Hominax®		51
		Red-life for women®		52
PMS & Menopause Range		H-Regulator		53
		Belle Dame	•	50
Skin & Personal Care		Apiseal		55



# WELCOME to MAX BIOCARE

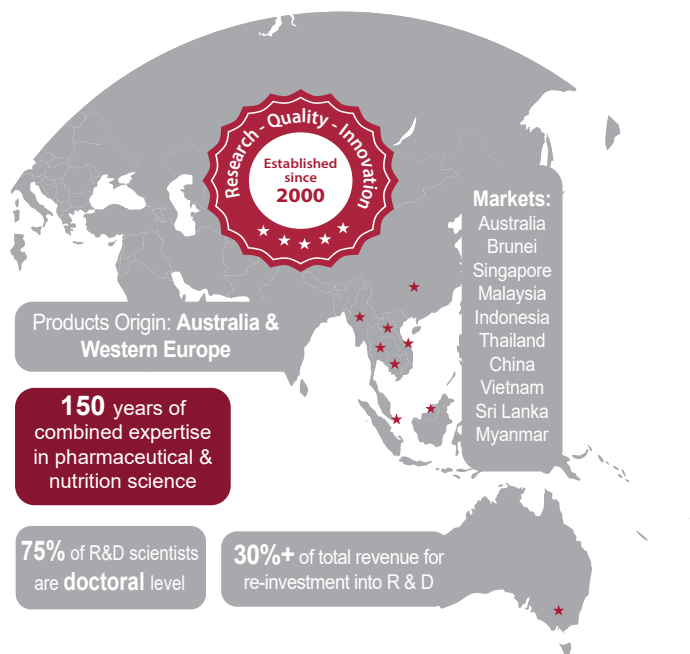


Max Biocare brings **20+** years of experience to the table, as an international innovator in bioscience and healthcare. We focus on creating tailored, effective solutions in the areas of mycology, phytochemistry, pharmaceutical science, natural product supplements, nutraceuticals, cosmeceuticals and veterinary health.

We draw from our diverse background in pharmaceutical bioscience and natural product development to create tailored solutions for our customers. We achieve this by combining traditional wisdom and modern scientific approaches to bring you a range of products with proven effectiveness and reliability.

We painstakingly invest into research and innovation for every product. From ingredient origin to effectiveness formulation, we assure the highest quality control testing.

As a result, our products are and will continue to be constantly evaluated through the most rigorous vetting approaches possible. This includes double-blind, randomised, placebo-controlled clinical trials, with the results of these studies published in peer-reviewed scientific journals.



To find out more about our studies, visit <https://www.maxbiocare.com/publications> or scan QR code



## OUR COMMITMENTS



We are committed to maintaining the **TRUST** placed in us by our suppliers, employees, and customers through steadfast dedication to an **EVIDENCE-BASED** approach and **NATURAL** choice in everything we do.





## QUALITY YOU CAN TRUST

### **Active Ingredients that meet Pharmacopoeia Standards**

Max Biocare is known for quality formulations because we are highly selective of which raw materials we include in our products.

Pharmacopoeia Standards represent the highest scientific benchmark in pharmaceutical and health industries. Many of the active ingredients we choose meet standards including British Pharmacopoeia (BP), United States Pharmacopoeia (USP), European Pharmacopoeia (Ph. Eur.), United States Pharmacopoeia and the National Formulary (USP-NF).

Pharmacopoeias provide authoritative and comprehensive international standards for pharmaceutical and medicinal formulations. Health authorities and manufacturers use pharmacopoeia monographs as a vital reference point for research, development, manufacturing, quality control and analysis. Monographs have a set of defined specifications, such as testing procedures and acceptance criteria for evaluating the strength, quality and purity of pharmaceutical and medicinal active ingredients.

## Patented & Trademarked Ingredients in Our Products

We carefully select our ingredients from reputable suppliers worldwide to ensure quality, efficacy and safety. Many ingredients featured in our therapeutic products are **patented**, **trademarked** and **clinically proven**. Below are some examples of these special ingredients:

### Curcumin as:



Meriva® is a clinically proven and patented delivery form of curcumin, utilising Indena proprietary Phytosome® technology.

#### Benefits:

- Anti-inflammatory and supports joint health
- Increased bioavailability and absorption of curcumin
- Standardised to contain 18-22% of total curcuminoids
- Phytosome® is the Indena 100% food grade delivery system to optimise the bioabsorption of selected active ingredients

#### Featured in:



Meriva® is a Registered Trademark of Indena S.p.A., Italy.

### Iron as:



Ferrochel® is a clinically proven and patented chelated iron form from Albion, the world leader in mineral amino acid chelate nutrition.

#### Benefits:

- Supports cognitive, immune and cardiovascular health
- High bioavailability and better iron absorption
- More gentle on the gastrointestinal system
- Reduced gastric side effects such as constipation and nausea
- No interaction with other nutrients
- Vegetarian friendly and Kosher certified

#### Featured in:



Ferrochel® is a registered trademark of Albion Laboratories, Inc.

### Isoflavones as:



SoyLife® is a patented soy germ isoflavone product from Frutarom Health. It is the most researched source of soy germ isoflavones.

#### Benefits:

- Supports women's health
- Complete spectrum of natural soy compounds for enhanced bioavailability
- Relieves menopausal symptoms such as hot flashes
- Supports bone and skin health
- The most concentrated way of adding the natural profile of soy bioactives to food

#### Featured in:



SoyLife® is a registered trademark of Frutarom Belgium N.V.

### Brahmi as:



BacoMind® is a patented and clinically tested *bacopa monnieri* (brahmi) ingredient from Natural Remedies.

#### Benefits:

- Herbal nootropic ingredient for improving memory and cognitive function
- Standardised composition
- Full spectrum extract with 9 bioactive ingredients
- Unique manufacturing method retains the integrity of the active ingredients
- Has 20 publications

#### Featured in:



BacoMind® is a trademark of Natural Remedies Pvt. Ltd.

## Vitamins A, B, C, D, K as:

# Quali-A Quali-B Quali-C Quali-D Quali-K

The Quali® brand vitamins are from DSM Nutritional Products, one of the world's most passionate creators of vitamins, to ensure they meet the highest expectations for quality, reliability, and traceability through every stage of sourcing, production, processing and distribution.

### Benefits:

- Vitamin A is critical for eye health and contributes to general health via its essential roles in the regulation of early prenatal development, maintenance of membrane integrity, immune function and hepatic iron production
- B-group vitamins play an important role in maintaining general health and wellbeing. They have a direct impact on energy levels, brain function and cell metabolism. Vitamin B complex also helps with digestion, cardiovascular health, muscle tone and good eyesight
- Vitamin C supports our immune system, contributes to the normal function of blood vessels, bones, teeth, etc.
- Vitamin D contributes to bone, teeth and muscle health, and supports the function of the immune system
- Vitamin K helps maintain bone health, supports blood clotting and regulates blood calcium levels

### Featured in a number of products including:



Quali® is a trademark of DSM.

## Lycopene as:

# LYCOPENE redivivo™

redivivo™ is a patented form of lycopene from DSM Nutritional Products, offering the highest purity level.

### Benefits:

- A potent antioxidant that can protect against lipid peroxidation and free radical damage
- Aids the immune response and supports gene expression and cell cycle regulation
- Nature-identical, with proven safety and bioavailability
- Patented beadlet technology for excellent performance and stability

### Featured in:



Redivivo™ is a trademark of DSM.

## Natural fish oil as:

# MEG-3™

MEG-3™ fish oil from DSM Nutritional Products is a trusted choice of omega-3 EPA and DHA.

### Benefits:

- Fish oil plays a vital role in brain, cardiovascular, eye health and just about every other part of the body
- The highest quality available, with more than 200 quality checks during the manufacturing process
- Primarily sourced from Peru, known for being among the most productive, protected, and sustainable fisheries in the world

### Featured in:



MEG-3™ is a trademark of DSM.



#### Turmeric as:



Curcumin C3 Complex®, patented by Sabinsa Corporation, is the most extensively studied and clinically documented turmeric ingredient.

#### Benefits:

- Anti-inflammatory
- Standardised to a minimum of 95% curcuminoids
- Curcuminoids inhibit NF-κB, the master regulator of inflammation
- 'C3 Complex®' refers to curcumin, demethoxycurcumin (DMC) and bisdemethoxycurcumin (BMDc)

#### Featured in:



#### Black pepper as:



BioPerine® is a patented black pepper ingredient from Sabinsa Corporation, a purified extract to enhance absorption.

#### Benefits:

- Enhances bioavailability of curcumin significantly when co-administered
- Standardised to a minimum of 95% piperine
- Only source from piperine to have undergone clinical studies to substantiate its safety and efficacy
- The only piperine ingredient to obtain patented status in the world

#### Featured in:



#### Vitamin K2 as:



MenaQ7® PURE is a patented and clinically evaluated form of vitamin K2, developed by NattoPharma in Norway.

#### Benefits:

- Supports bone and cardiovascular health
- May support bone needs from early childhood through the lifespan
- Higher bioavailability and longer lasting effects compared to other vitamin K2 forms
- Provides increased and stable vitamin K serum levels
- Only contains the bioactive trans isomer

#### Featured in:



MenaQ7® is a registered trademark of NattoPharma ASA, Norway.

#### Broccoli sprout powder as:



BroccoPhane® is a standardised broccoli sprout powder containing sulforaphane, the active compound in cruciferous vegetables.

#### Benefits:

- A powerful antioxidant
- Standardised to a minimum of 4,000ppm sulforaphane
- Sulforaphane activates the body's natural detoxification enzymes
- Reinforces the body's natural responses to oxidative stress, prolonging the protective effect for several days

#### Featured in:



BroccoPhane® is a registered trademark of Cyvex Nutrition, Inc.

#### Lutein as:



FloraGLO™ is a patented natural ingredient for eye health from Kemin Industries. It is the most clinically researched lutein brand worldwide.

#### Benefits:

- Clinically proven to reduce eye fatigue and maintain healthy vision with aging
- Promotes sharper vision and can reduce glare from light at night
- Proven in over 80 human clinical trials
- May reduce the risk for and progression of cataracts
- Protects eyes from blue light overexposure

#### Featured in:



™FloraGLO is a trademark of Kemin Industries, Inc.

#### Zeaxanthin as:



OPTISHARP™ Natural is a safe and trusted zeaxanthin ingredient for eye health, distributed by DSM Nutritional Products.

#### Benefits:

- Helps eyes recover more quickly from intense light
- Protects the macula from the damaging effects of blue light
- Naturally sourced from marigold flowers to deliver all important intended benefits

#### Featured in:



OPTISHARP™ Natural is a trademark of DSM.

#### Natural fish oil (Tuna) as:



Epax is a Norwegian based company that is a world leader in the production of highly concentrated marine-based omega-3 oils.

#### Benefits:

- Manufactured to the highest quality and purity standards possible
- Natural triglyceride form for enhanced bioavailability and stability
- Fish oil is critical for eye, brain and nervous system development and function during foetal and infant life

#### Featured in:



Epax® is a registered trademark of Epax Norway AS.

#### Glutathione as:



Setria® from Kyowa Hakko is an absorbable tripeptide that can help replenish the body's reserves in times of need.

#### Benefits:

- Promotes detoxification and provides antioxidant protection
- Critical to preserving cellular integrity and essential for optimal health
- Helps eliminate harmful toxins in the body to support liver health, and supports the immune system
- Pure, vegetarian and allergen-free

#### Featured in:



Setria® is a registered trademark of KYOWA HAKKO BIO CO., LTD.

## Scientific Partnerships

As part of our commitment to Research and Development, which is fundamental to our product development, we partner with leading universities and hospitals worldwide on a number of clinical research projects. We will continue to invest in this activity to develop leading formulations that are efficacious and improve people's lives.



Located in the heart of one of Australia's fastest growing economic regions, Western Sydney University offers unlimited potential to students with the talent, drive and ambition to succeed. Ranked amongst the top two per cent of universities in the world, Western Sydney University value academic excellence, integrity and the pursuit of knowledge. Western Sydney University is globally focused, research-led and committed to making a positive impact on the communities it engages with. As a dynamic place of learning, Western Sydney University continue to challenge traditional notions of what a university 'should' be by pushing the boundaries of how knowledge is exchanged.

[www.westernsydney.edu.au](http://www.westernsydney.edu.au)



Western Sydney University are unlocking the potential of the next generation of global citizens, leaders and change-makers. Western Sydney University's NICM is a leader in integrative and complementary medicine research and policy in Australia. NICM plays a key national role in ensuring Australians have access to reliable evidence on complementary medicines and treatments in wide use. As an ERA 5 ranking institute, NICM is globally recognised for its world-class research and innovations in integrative and complementary medicine. NICM's research includes clinical trials, laboratory testing and policy work.

[www.nicm.edu.au](http://www.nicm.edu.au)



ClinMed Pharma has 13 years' experience with medicinal products and medical devices studies. ClinMed Pharma is a Polish contract research organisation that provides services to biotech and pharmaceutical companies in all phases of clinical trials, including clinical trial application to Regulatory Authority and Ethics Committee. Its research sites are run by qualified medical staff.

[www.clinmedcro.com](http://www.clinmedcro.com)

## Mahidol University

### Faculty of Public Health

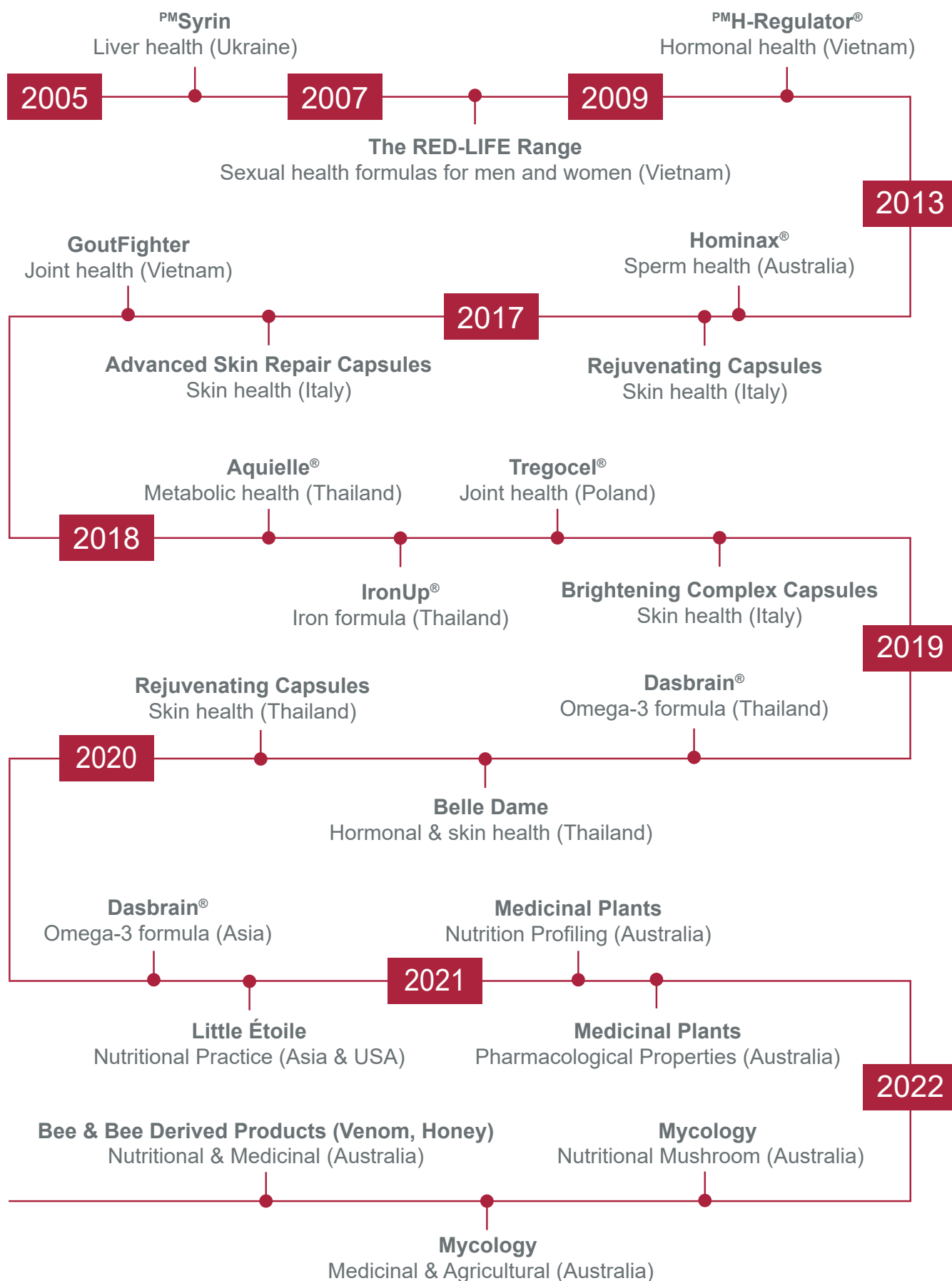
The Faculty of Public Health, Mahidol University is the first public health academic institution in Thailand. Mahidol University is a leading medical university in Thailand. Its Faculty of Public Health is committed to research that is designed to solve social problems, generate new bodies of knowledge and innovations. Academic researchers conduct high quality research studies and publish in international peer reviewed journals.

[www.mahidol.ac.th](http://www.mahidol.ac.th)



# Max Biocare Ongoing Research Project

*Evidence-based efficacy*



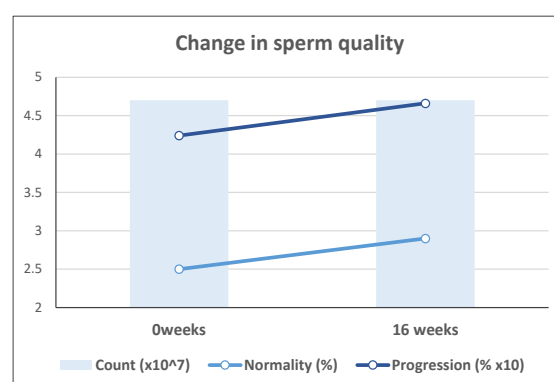
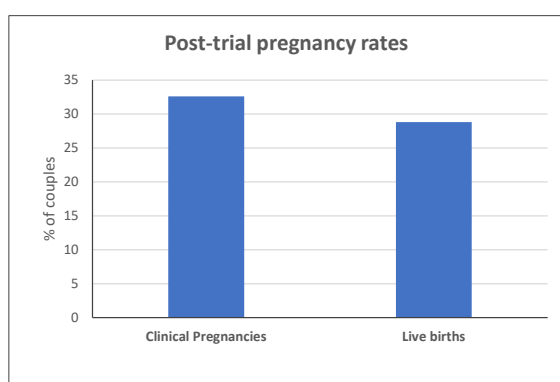
## Multi-centre evaluation of the effects of Hominax® on sperm health indices in Australian men

Many couples experience difficulties conceiving, and often it is due to the health status of the male partner, which can negatively affect male reproductive system function. Hominax® is a combination of 15 antioxidants and micronutrients selected specifically for their importance in male reproduction, and in particular the production of healthy sperm. Because of their very high activity, sperm are easily damaged by factors like oxidative stress, age-related accumulation of toxins, infections and other health issues. This trial, conducted by the National Institute of Complimentary Medicine (NICM), a research body based at Western Sydney University, is a single-arm, open-label study aimed at determining whether Hominax® has any beneficial effects on sperm function, such as motility and count.

Australian men aged between 20-60 years old will be administered 2 capsules of Hominax® on a daily basis for a period of 24 weeks. Sperm quality will be measured before, during and after the treatment period, along with safety assessment of blood markers and recording of any adverse effects.

Preliminary findings suggest that there was an improvement in the normality and progressive motility of sperm within 16 weeks of Hominax® usage, with clinics reporting a pregnancy rate of 33% and live birth rate of 29%, which are in agreement with rates reported for Day 3 embryo transfers.

**Trial status:** completed, data analysis in preparation for publication. For further information on the trial protocol, visit: [www.anzctr.org.au/Trial/Registration/TrialReview.aspx?id=370080](http://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?id=370080), or scan the QR code:





## Multicentre study evaluating the effectiveness of Tregocel® for mild osteoarthritis

Tregocel® is naturopath inspired combination of curcumin (as the bioavailable Meriva® complex, with frankincense, devil's claw, celery and ginger). It is produced as a complimentary medicine to help maintain proper performance of joints and relieve pain.

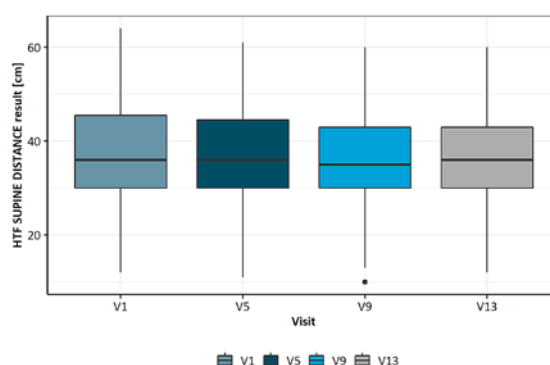
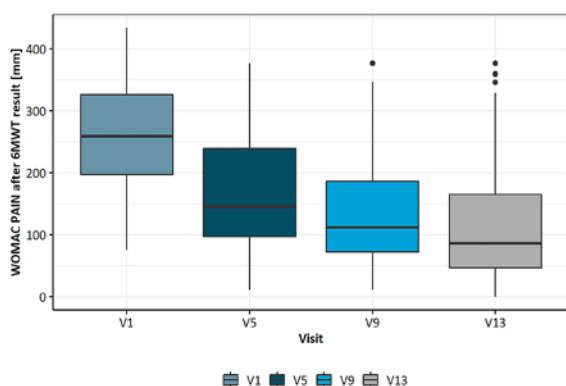
From 2018-2019, a clinical efficacy and safety evaluation was performed with Tregocel® as a supplement used in conjunction with standard pain medications for osteoarthritis. It was conducted across eight osteopathy and rheumatology clinics around Poland and involving participants with medically diagnosed, mild knee osteoarthritis. Outcome measures included pain evaluations, mobility and flexibility parameters, blood cell and biochemistry status and vital signs, with clinical follow up visits at weeks 12, 24 and 36.

### Outcomes:

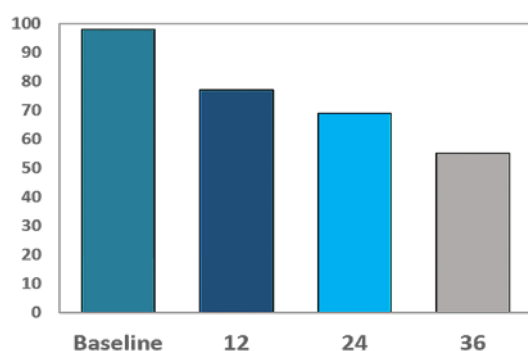
Compared to baseline, the investigators observed:

- A significant progressive reduction in WOMAC scales (pain, stiffness and physical function)- clinician supervised
- Significant progressive reductions in pain after a 6-minute walk challenge
- Similar effects in all subjects, but greater reductions in those with chronic osteoarthritis
- Improvement in flexibility of knee bending
- linear reduction in the use of standard medications by the end of study period
- more than 90% of participants were satisfied with the product by the end of treatment the period

**Publication details:** <https://doi.org/10.1155/2021/5589597>, or scan the QR code:

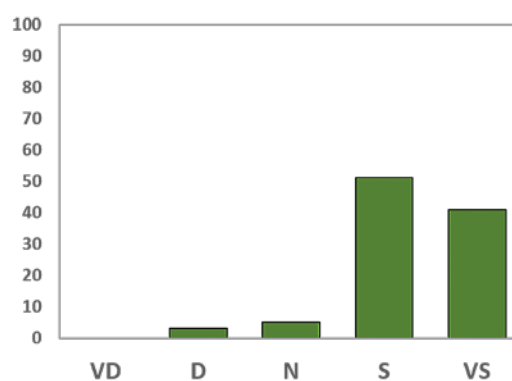


### Reduction in pain, swelling and mobility



### Reduction in the pain pharmacotherapies

### Increased knee bending flexibility



### High level of patient satisfaction



Dhurakij Pundit University Mae Fah Luang University  
Swinburne University of Technology

## The effect of omega-3 supplementation on cognitive function in children: a randomised, double-blind, placebo-controlled trial

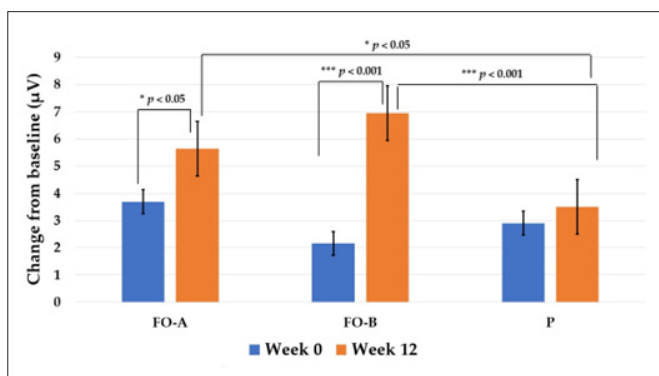
This randomised, double-blind, placebo-controlled trial was conducted in Thailand, involving 120 school children (7-12 years old), who were given 1 or 2 capsules of <sup>PM</sup>Bright Kids® for 12 weeks as part of their normal daily routine. <sup>PM</sup>Bright Kids® is a unique, high-DHA fish oil supplement specifically designed for kids as a soft chewable capsule. Assessments included computer-based testing for attention, memory and intelligence, based on specialised computer game challenges. Real-time responses of brain activity were recorded non-invasively as changes in electrical field signals and converted to localised activity.

Bright Kids® was found to increase the electrical activity with the brain during visual IQ tasks for sustained attention, working memory and memory span, while also showing improvements in reaction times for attention span. There were no significant changes in error rates between the test and control (placebo) children.

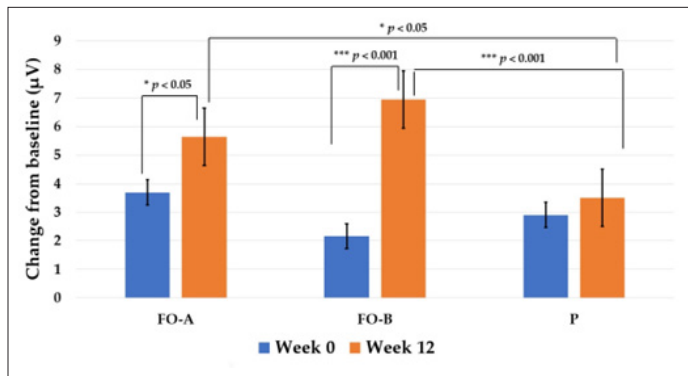
### Preliminary outcomes

- Improved attention span and reaction times
- Greater involvement of brain regions dedicated to cognitive reasoning (full results pending)

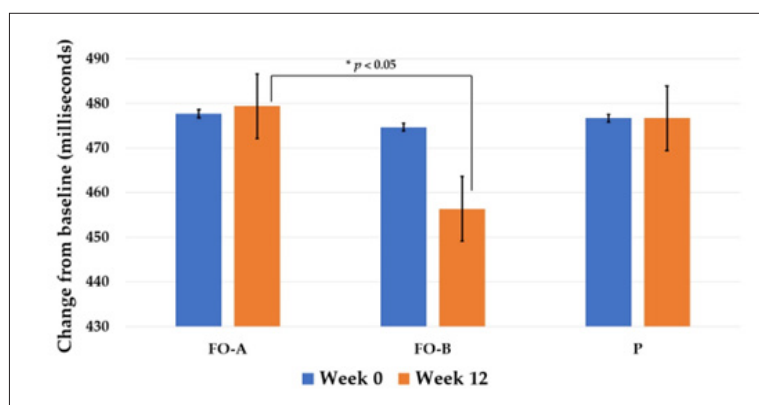
**Trial status:** completed, under peer review by Foods 2022. For further information, about the trial procedures, visit <http://www.thaiclinicaltrials.org/#> (enter "TCTR20190418001" in search bar)



Working memory (N-back test)



Sustained attention (Go/No go test)



Working memory reaction times (N-back test)

## Mahidol University

## Evaluating antidiabetic effects of Aquielle® in hyperglycaemic patients

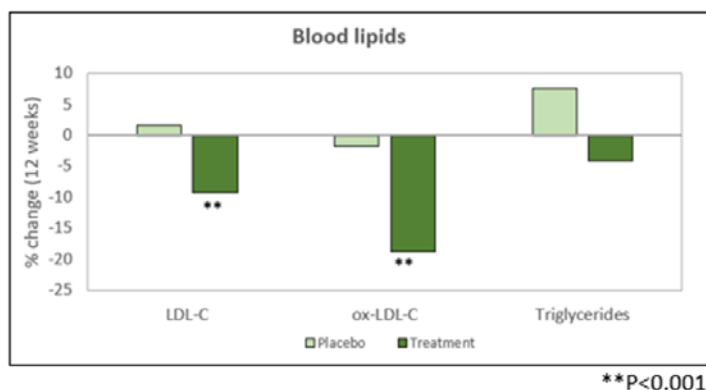
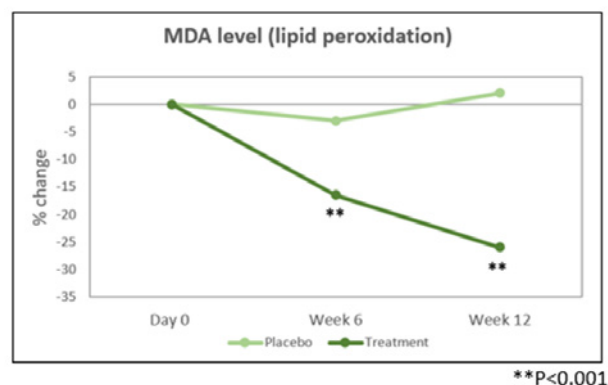
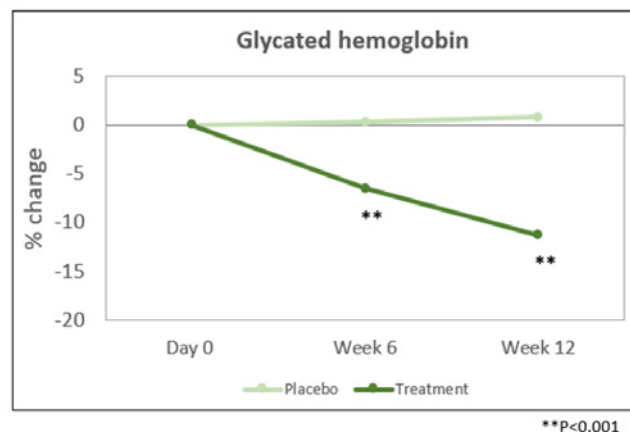
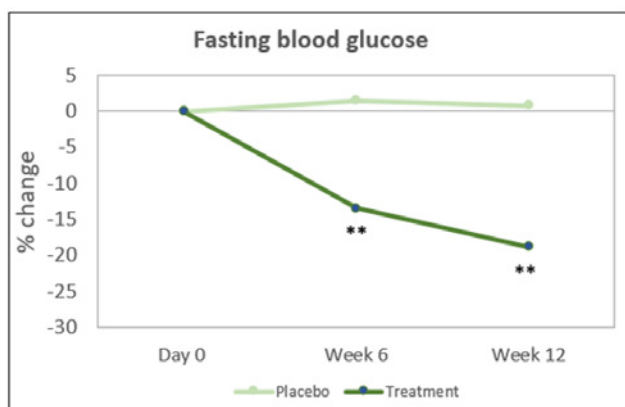
**Study details:** A randomised, double-blind, placebo-controlled study will be conducted by Mahidol University to evaluate the effectiveness of Metacose in hyperglycaemic patients in Thailand. Metacose is a TGA listed formulation containing cinnamon, bitter melon, fenugreek, alpha lipoic acid, chromium, biotin, zinc and vitamin D3, selected based on clinical research and traditional medical practices to support healthy blood glucose, cardiovascular health, metabolic health and antioxidant activity. 110 hyperglycaemic patients were administered either Metacose or placebo at 2 tablets daily for 12 weeks.

**Findings:** Statistically significant decreases in fasting blood sugar (FBS), serum glycated haemoglobin (HbA1c) and insulin resistance were observed after 12 weeks. These findings confirm that the combination of ingredients in Metacose have an antidiabetic effect. LDL-cholesterol and malonyldialdehyde (MDA) oxidative stress marker levels were also significantly reduced, indicating improvements in cardiovascular health status.

### Publication details:

<https://journals.sagepub.com/doi/pdf/10.1177/1934578X20918687>

or scan the QR code:





## Safety, efficacy and tolerability of GoutFighter for the treatment of gout symptoms

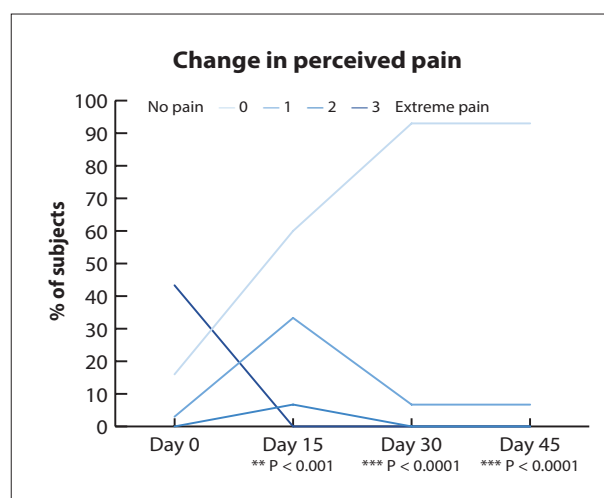
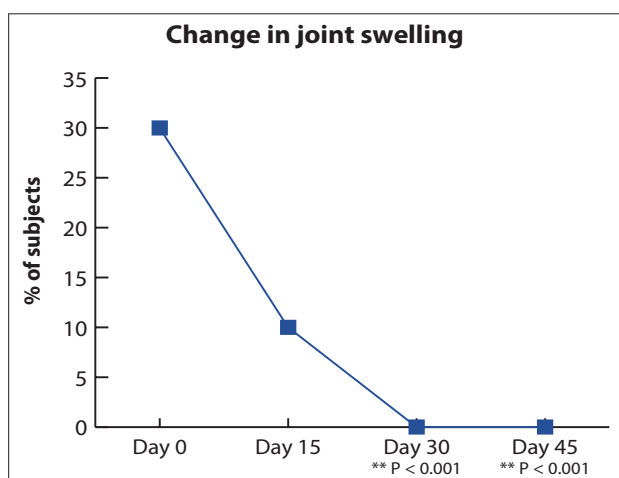
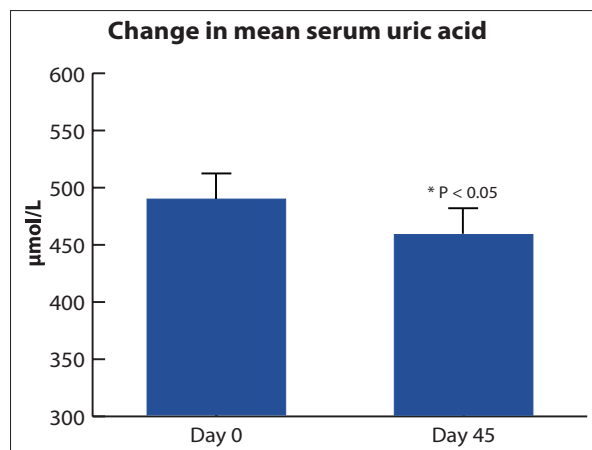
**Study details:** A single-arm, observational study was conducted by researchers at the National Hospital of Traditional Medicine in Hanoi. The clinical researchers recruited a total of 30 subjects (26 men, 4 women, mean age 54 years old) who suffered from chronic gout for more than one year. Subjects were given GoutFighter (4 tablets per day) for a total of 45 days, with follow up at days 15, 30 and upon completion of treatment period, without conventional pain relief or uric acid lowering medications. Assessments included vital signs, blood tests, self-assessed quantification of pain indices and joint condition, and recording of adverse effects.

**Findings:** Significant alleviations in joint pain and swelling were observed as early as day 15, with complete elimination of extreme pain, and progressive increases in the frequency of pain free days. Significant lowering of blood uric acid levels, closer to normal range, was also observed. No change in blood parameters after treatment were observed (e.g. liver enzymes and triglycerides, compared to baseline values), with the only minor side effects including occasional constipation. Overall, the treatment was well tolerated with no evidence of dose-related toxicity.

### Publication details:

[Nam et al, 2020 \(J. Comp. Integr. Med\)](#)

or scan the QR code:





## Mahidol University

# Evaluating the effectiveness of ferrous bisglycinate (IronUp®) for iron deficiency in pregnant women

### Study details

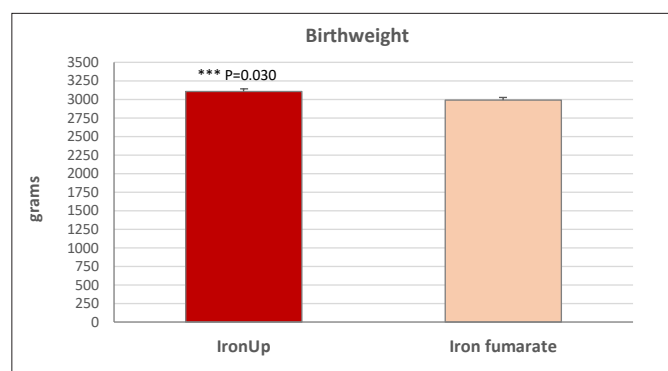
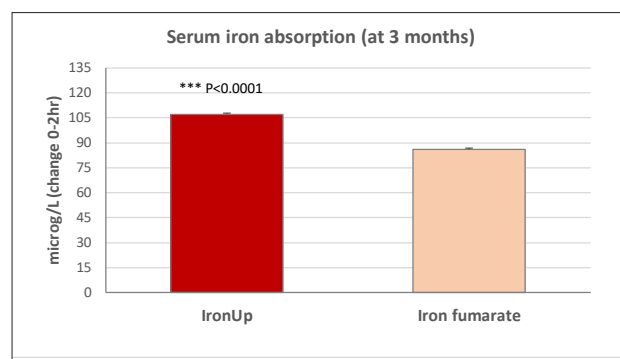
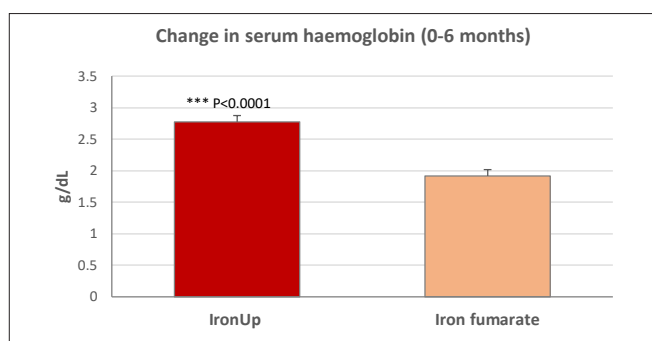
IronUp® is a TGA listed formulation containing Ferrochel®, a patented, chelated form of iron (ferrous bisglycinate). Research studies have shown ferrous bisglycinate use is associated with lower gastrointestinal side effects than iron salts, and lower doses are required due to its enhanced absorption properties. IronUp® also contains vitamin C, folate (as folic acid (vitamin B9) and folinic acid), as well as B-group vitamins (B1, B2, B6 and B12). These companion nutrients are involved in iron absorption and blood cell production. This randomized, parallel-group trial was conducted to evaluate the effectiveness IronUp® (24mg iron, as ferrous bisglycinate) in comparison to ferrous fumarate (66mg iron), in reversing iron deficiency during pregnancy. A total of 120 pregnant Thai women with iron deficiency were randomly allocated to either take IronUp® (1 capsule daily) or ferrous fumarate (1 tablet daily), for 6 months. Parameters such as haematological status, iron absorption profiles, side effects, quality of life and birth outcomes were determined.

### Outcomes

Women who took IronUp® showed comparable improvements to the control product in their short-term iron absorption and longer-term iron storage indicators, including hemoglobin, erythrocyte count, transferrin saturation and ferritin ( $p < 0.001$ ) at 3 and 6 months after supplementation, however the improvements were consistently more pronounced in the IronUp® group. The test group also showed a moderate but statistically significant improvement in birthweight. IronUp® use was associated with significantly less nausea, abdominal pain, bloating, constipation or metallic taste ( $p < 0.001$ ).

### Trial status

Publication details: Bumrungpert et al. Nutrients . 2022 Jan 20;14(3):452. Or scan QR code



Mahidol University Dhurakij Pundit University

## Effects of a nutraceutical (Belle Dame) on climacteric symptoms and skin health in menopausal women

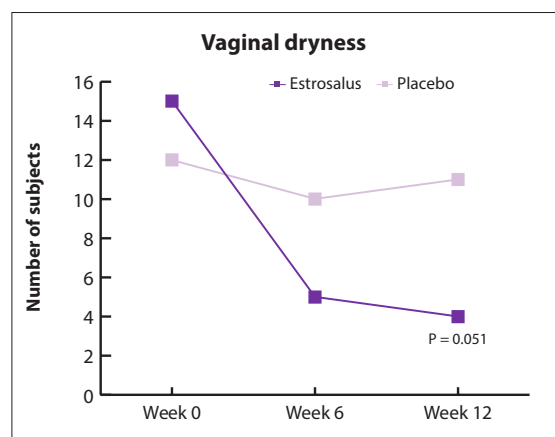
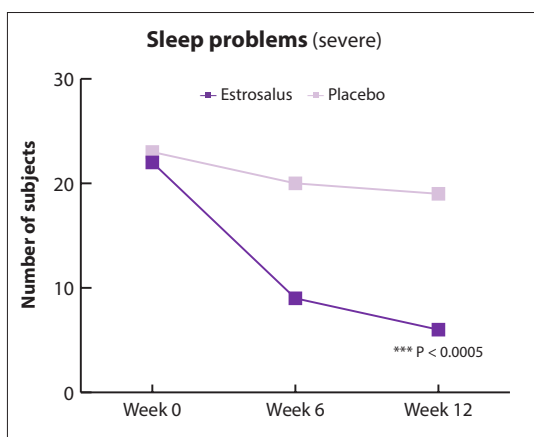
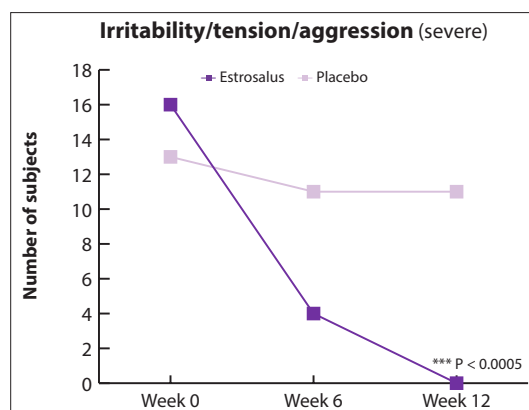
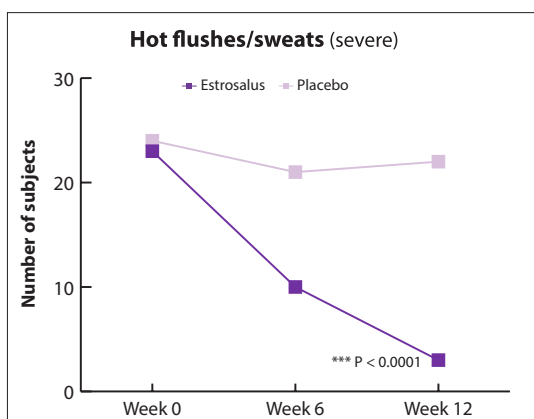
### Study details:

- Design: Randomised, placebo-controlled trial to determine the effect of Belle Dame on menopausal symptoms, hormonal changes and skin health.
- Sample: 110 menopausal Thai women (45-55 years) with facial aging signs
- Dose/regimen: 1 capsule/day for 12 weeks (conducted from March to December 2019)
- Parameters measured:
  - Menopausal symptoms (KMI, Green climacteric scale, MRS)
  - Blood endocrinology (Estrogen, LH, FSH, SHBG levels)
  - Comprehensive facial dermatology (e.g. cutometry)
  - Safety assessments (basic health indicators & blood testing including oxidative stress, inflammatory, cardiovascular, liver markers)
  - Dietary macronutrient intake
- Study status: recruitment completed, manuscripts in preparation

### Findings:

#### • Hormone related effects

Statistically significant improvements were observed in the occurrence of hot flushes and sweats, sleep problems depressed mood, irritability/tension/aggression, and a trend toward reduced vaginal dryness.

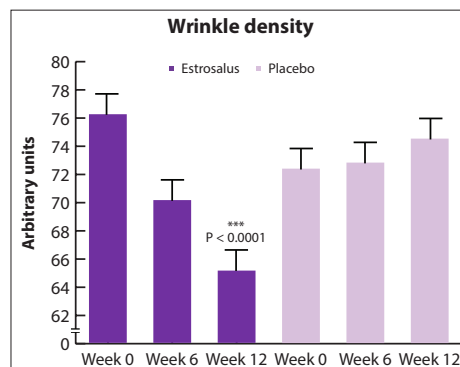
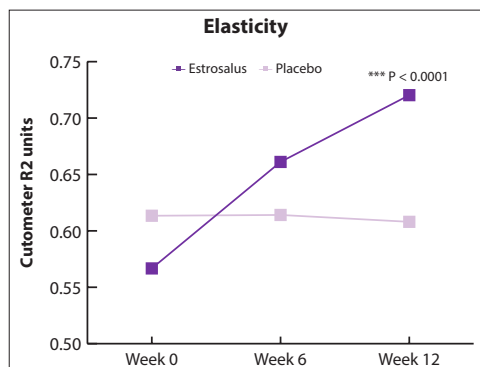


# Max Biocare Clinical Trials

## Evidence-based efficacy

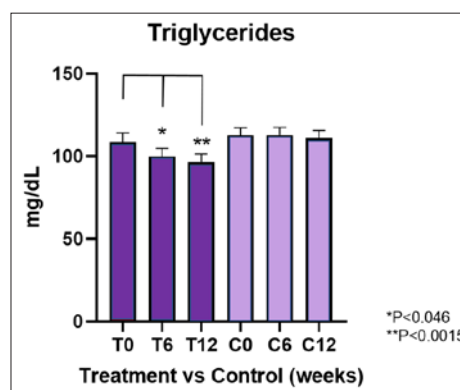
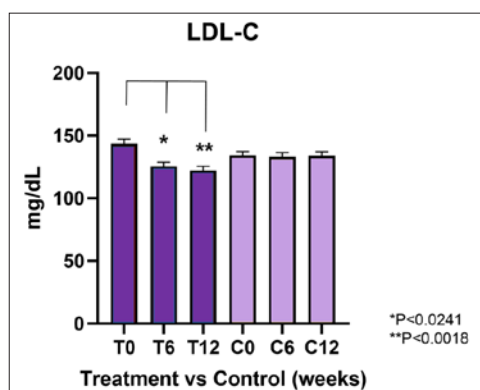
### • Dermatological effects

Significant improvements in elasticity, roughness, wrinkle density and smoothness of facial skin at 6 and 12 weeks were seen. In addition, women who took Belle Dame reported significantly improved moisture, smoothness and wrinkle appearance after only 6 weeks, compared to the placebo.



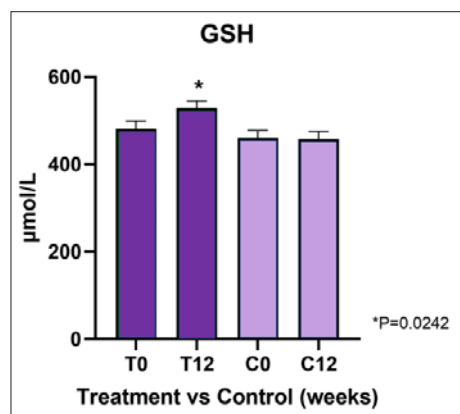
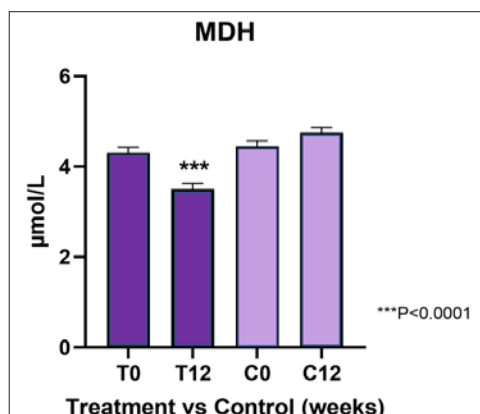
### • Cardiovascular effects

Trends towards reductions in LDL-cholesterol, triglycerides and C-reactive protein were also observed, suggesting a cardiovascular health benefit.



### • Antioxidant effects

A reduction in serum levels of MDH, a marker of oxidative stress, as well as increased levels of glutathione (GSH), a key antioxidant enzyme in the body, were observed after 12 weeks.





# Product Categorisation

• denotes primary category

	Target consumers			Health areas										Suitable for	
	Men	Women	Children	Brain, Heart & Cardiovascular Health	Eye Health	Gastrointestinal Health	Immune Health	Metabolism Health	Muscular & Skeletal Health	PMS & Menopause	Preconception, Pregnancy & Post-Delivery	Sexual & Reproductive Health	Skin & Personal Care	Vegans	Vegetarians
Vascuform															
Pacobra®				•										•	•
PMBrainin®				•											
Rejufort®				•											
Neurocard Max				•											
Eye Tonic Kids				•											
BioImmunePlus®				•											
IQShield® Max				•											
Auscalmax				•											
Bright Kids range				•											
Eye Tonic Forte				•											
Livaform®														•	•
Liver Detox				•										•	•
Liver Detox Max														•	•
Responel®														•	•
Maxucosa®														•	•
Maxucosa <sup>Forte</sup>														•	•
Immune Advanced Max														•	•
Aquielle				•											•
Tregocel®				•										•	•
OzeRelief®															
Bonlutin®															
GoutFighter															•
Extra Bonecare <sup>Forte</sup>				•										•	•
Flexenom															
Ovaritol®															
Procare Range															
IronUp®															
ProLactation														•	•
Belmarita															
Femme-F														•	•
Hominax®														•	•
Red-life for women®															
Belle Dame				•											•
Apiseal													•		

# Healthy Ageing

Ageing health is a very important part of our lives. We want to be able to function well, be happy and continue to be part of society during our later years. How we age is the result of health, nutrition and adaptation to the changes that happen to us in our early years.

To age well, we need to look after ourselves early on in life as well as during that difficult period.

Max Biocare's products are designed to help the aging body cope better with wear and tear, by providing antioxidant support and relief of pain and discomfort.

The image features a collage of Max Biocare products and a photograph of an elderly couple jogging. The products are arranged in a grid-like fashion, with each product name and its benefits listed in a grey box, connected to the product image by a line. The products shown are:

- Aquielle®**: Blood sugar, antioxidant and cardio-vascular support
- GoutFighter**: Relief of Gout, Maintains Healthy Uric Acid Levels
- Belle Dame**: Hormone Balance, Antioxidant
- Maxucosa**: 500mg Fucoidan, Antioxidant, Immune Support
- Pacobra®**: Cognitive Function; Antioxidant
- Responel®**: Respiratory health, antioxidant support
- Maxucosa<sup>Forte</sup>**: Fucoidan & medicinal mushroom formula
- Tregocel®**: Antioxidant, Liver and Digestive, Immune and Relief of Joint Pain
- Flexenom**: Topical gel for relief of joint & muscle pain
- Rejufort®**: Circulation and Antioxidant
- Eye Tonic Forte**: Healthy Eye Function/ Eye Health
- OzeRelief®**: Joint Mobility and Relief of Joint Pain
- Liver Detox Max**: Healthy Liver and Digestive Systems; Antioxidant

The background of the lower half of the image shows an elderly couple jogging outdoors, smiling and looking towards the camera. The woman is wearing a light blue polo shirt and white shorts, and the man is wearing a white t-shirt and light blue shorts. They are both holding a box of Eye Tonic Forte.

# Introduction to BEE VENOM

## What is in bee venom?

Pure bee venom is a complex, aqueous liquid produced by the stinging apparatus of bees, located in the tail of the European honeybee (*Apis mellifera*). It contains peptides, enzymes, sugars, biogenic amines, phospholipids, pheromones, and minerals. There

are more than 18 biologically active compounds with important therapeutic effects, and the main compounds are summarized in the table below.

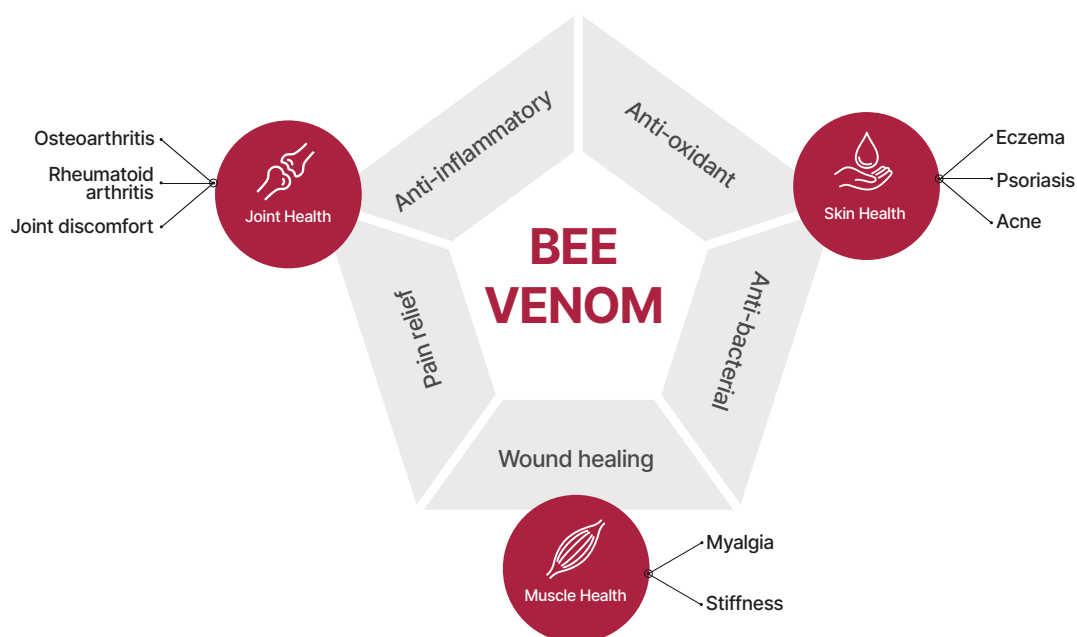
The main peptides are melittin, phospholipase A2 and apamin [1].

Component	Type of compound	Level (% dry weight)	Therapeutic actions
Melittin	Peptide	50-60	Permeabilizer, anti-inflammatory, anti-microbial, anti-arthritis, analgesic, wound healing, antioxidant
Phospholipase A2 (PLA2)	Enzyme	10-11	Antibacterial, anti-arthritis, antiparasitic, neuroprotective, antiviral,
Apamin	Peptide	1-3	Anti-inflammatory, anti-atherosclerotic, antibacterial, neuroprotective

## Therapeutic benefits

Bee venom compounds are known to have a wide range of activities at doses that are less concentrated than its native state, including antimicrobial (bacteria, viruses, fungi, parasites), anti-inflammatory, antioxidant, analgesic, wound healing, antifibrotic, anti-apoptotic effects [1].

Melittin, the most abundant component, is a natural permeabilizing agent and in low concentrations it enables the transport of active compounds across skin, which has potential benefits for intradermal and transdermal applications.

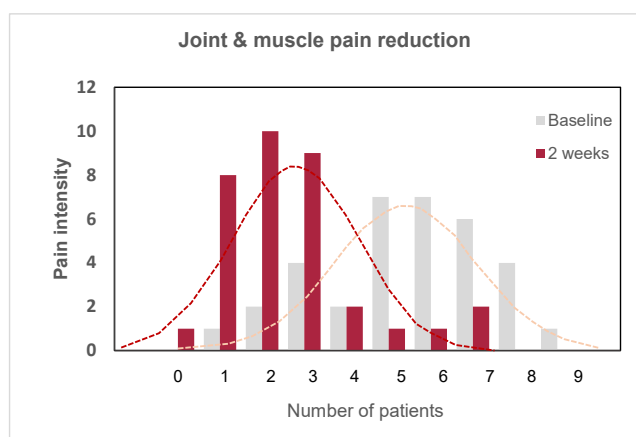


Summary of bee venom mechanisms and therapeutic benefits

## Arthritis

An important application that makes use of the anti-inflammatory and pain-relieving actions of bee venom when it is applied to the skin is in symptomatic relief of arthritic conditions, including osteoarthritis, rheumatoid arthritis, and gout. These follow on from evidence of traditional usage of bee venom in Eastern Europe and former Soviet states, where bee hiving was first commercialized.

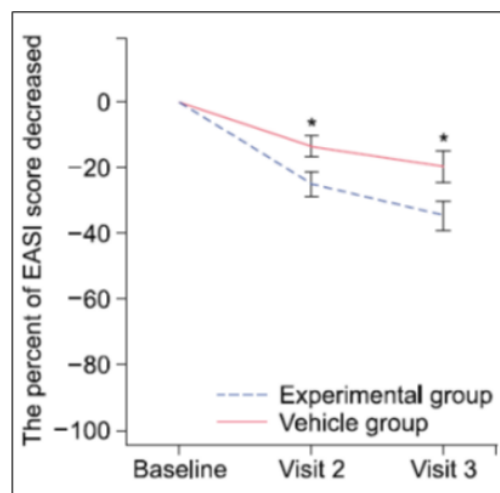
A systematic review of 11 clinical trials found that musculoskeletal pain was significantly lower after subdermal bee venom application, than placebo (saline) controls [2]. In a topical format, bee venom has been shown to significantly reduce muscle tension and VAS pain, relative to placebo, in patients with temporomandibular joint disorder [3] (**Figure 1**).



**Figure 1.** Reduction of temporomandibular joint pain following topical bee venom application.

in the treatment group when compared to controls at the same timepoint, with this difference reaching statistical significance (**Figure 2**).

Application of bee venom has been reported to significantly improve the therapeutic response in localized plaque psoriasis, compared to placebo ( $p < 0.001$ ) with complete resolution achieved in 92% of patients [5] and lowering of TNF- $\alpha$  levels. In the treatment of mild-to-moderate acne vulgaris, bee venom application has been shown to reduce acne grade by more than 50% after 6 weeks, with no incidence of side effects or irritation [6].



**Figure 2.** Improvement in atopic dermatitis score after treatment with dermal bee-venom.

## Skin conditions

The antibacterial, antioxidant, anti-inflammatory and skin permeating properties of bee venom have also found an application in a variety of inflammatory skin disorders. In a double-blind, multicentre clinical trial [4], 136 patients suffering from atopic dermatitis were randomized to apply a topical ointment containing bee venom or a placebo. EASI score reduction over the time course of the study was more pronounced

## Conclusion

Bee venom has transitioned from its origins in traditional medicines to more modern pharmaceutical applications. Specific benefits have been reported as topical treatments for skin conditions and arthritis. This is aided by the skin penetration properties of venom compounds, and by their wide range of observed therapeutic actions.

## References

1. Carpena, M., et al., Bee Venom: An Updating Review of Its Bioactive Molecules and Its Health Applications. *Nutrients.*, 2020. 12(11): p. 3360. doi: 10.3390/nu12113360.
2. Lee, M.S., et al., Bee venom acupuncture for musculoskeletal pain: a review. *J Pain*, 2008. 9(4): p. 289-97.
3. Nitecka-Buchta, A., et al., Myorelaxant effect of bee venom topical skin application in patients with RDC/TMD Ia and RDC/TMD Ib: a randomized, double blinded study. *Biomed Res Int*, 2014. 2014: p. 296053.
4. You, C.E., et al., Effects of Emollient Containing Bee Venom on Atopic Dermatitis: A Double-Blinded, Randomized, Base-Controlled, Multicenter Study of 136 Patients. *Ann Dermatol*, 2016. 28(5): p. 593-599.
5. Eltaher, S., et al., Efficacy of the apitherapy in the treatment of recalcitrant localized plaque psoriasis and evaluation of tumor necrosis factor-alpha (TNF- $\alpha$ ) serum level: A double-blind randomized clinical trial. *J Dermatolog Treat*, 2015. 26(4): p. 335-9.
6. Han, S.M., et al., Evaluation of anti-acne property of purified bee venom serum in humans. *Journal of Cosmetic Dermatology*, 2016. 15(4): p. 324-329.





## MAX BIOCARE RESEARCH PARK

Encouraging bee populations to grow and survive helps to protect the health of our ecosystems and food production industry. Bee populations around Australia, and elsewhere in the world, are being impacted by a variety of problems including chemical toxins, climate change and endemic pests, including Varroa mites. Hosting our own beecolonies one way that we are contributing to improving this situation. At the same time, bees are masters of converting natural, floral pollen and nectar into a range of different products with medicinal uses and therapeutic properties, including honey, propolis, royal jelly, and even venom.



## BEE-KEEPING FOR HEALTH

Honeybee products have a long history of traditional medicine usage all over the world. We know now that this usage is based on their anti-inflammatory, anti-bacterial, anti-fungal, anti-viral and antioxidant activities, among others.



## BEE VENOM PRODUCT INNOVATION

Max Biocare has distilled the potency of bee venom into practical products with targeted therapeutic benefits, based on its 20+ years of experience in the pharma and biotech space.



### FLEXENOM

A soothing, gel-based penetrating formula with bee venom and glucosamine, for joint and muscle relief.

### APISEAL

Cleansing, gel-based topical formula for skin repair and wound protection, with bee venom and medicinal herb extracts.



## Brain, Heart & Cardiovascular Health Range

Healthy heart equals healthy brain. Our brain, heart & cardiovascular health range is formulated to support cognitive function, provide stress relief, support heart circulation and cardiovascular system function.



### Vascuform

Maintain/Support Healthy Cardiovascular/ Brain Function



**Pack size:**  
30,60,90 soft capsules/bottle

**SUITABLE FOR:** ● ● ●

**Manufactured in Italy, Australia**

**Dosage:** 1 capsule, to 1-2 capsules twice daily, or as directed by a health professional

**Caution:** Derived from Fish. Do not take this product if allergic to any of its composition.

#### Highlights

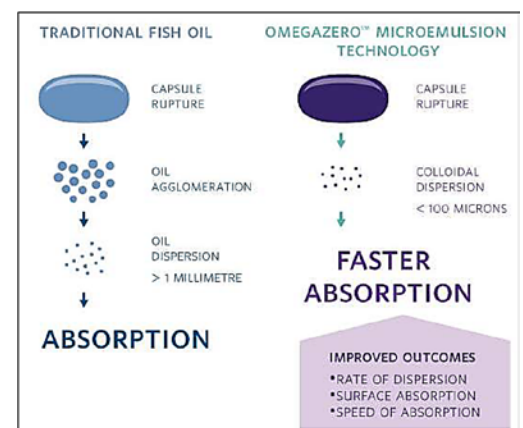
- Featuring MEG-3®, a proprietary extract of EPA ethyl esters, purified from sustainably sourced, IFOS certified fish oils.
- MEG-3® is tested and conforms to global quality and purity standards, including those established by the European Union, Health Canada, and the US Food and Drug Administration (FDA) and US pharmacopeia (USP)
- Concentrated form of EPA, smaller capsule size compared with standard fish oils
- Manufactured using OMEGAZERO® technology, a patented microemulsion technology that enhances the dispersion of omega-3 fatty acids in the stomach, and prevents reflux, and is odor-free.
- Convenient, supplementary form of EPA ethyl esters, which are only normally available as prescription pharmaceuticals
- EPA ethyl esters are clinically proven to substantially lower blood triglycerides, cholesterol and morbidity in patients with cardiovascular diseases, and may reduce the side effects of statin usage.
- VegieCaps® material makes a more stable capsule in tropical environments

**Ingredients:** Each VegieCaps® Soft capsule contains:

<i>Eicosapentaenoic acid (EPA) as ethyl esters</i>	500mg
<i>Total Omega-3 ethyl esters</i>	515mg

#### Benefits

- Support healthy cardiovascular system function/ health
- Helps in the maintenance of healthy blood lipids/ blood fats
- Anti-inflammatory/relieve inflammation
- Maintain support brain health
- Decrease/relieve symptoms of menopause





**Pack size:**

60 film coated tablets/box

**SUITABLE FOR:**



**Manufactured in Australia**



**Highlights**

- Provides the combined health benefits of brahmi, ginkgo at clinical doses, together with Korean ginseng, guarana and schisandra for cognitive function and peripheral circulation
- Contains BacoMind®, a clinically validated, proprietary extract of brahmi that has been used in trials on adults and children

**Benefits**

- Support cognitive function/memory/mental recall/concentration/focus/clarity/learning and information processing
- Support nervous system function/blood circulation.
- Enhance body adaptation to stress
- Antioxidant.

**Dosage:** Adults: 1-2 tablets twice daily; Children (8-18 years): 1-2 tablets daily, or as directed by a healthcare professional.

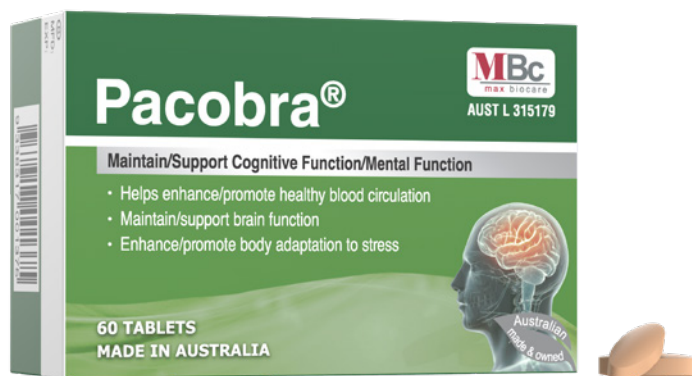
**Caution:** Always read the label. Follow the directions for use. Contains 2.06mg of caffeine per tablet. Contains sulfites. Do not take this product if allergic to any of its composition. Keep out of reach of children.

**Ingredients:** Each film coated tablet contains:

**Extracts dry conc. equiv. to dried:**

<i>Bacopa monnieri</i> (Brahmi) whole plant (BacoMind®)	1.5g
<i>Ginkgo biloba</i> (Ginkgo) leaf	3g
<i>Paullinia cupana</i> (Guarana) seed	75mg
<i>Panax ginseng</i> (Korean ginseng) root	250mg
<i>Schisandra chinensis</i> fruit	250mg

- *Bacopa monnieri* has been used in the Ayurvedic system of herbalism for hundreds of years, part of formulas that have been used as brain tonics
- BacoMind® is a patented, clinically tested memory and cognition enhancing extract, standardised with 9 different bioactive ingredients derived from the brahmi plant
- Used for improving memory and age-related neurodegenerative issues, and investigated in 20 publications involving adults and children
- BacoMind® is the first brand of brahmi extract to receive GRAS status by the United States FDA



Support  
**Brain** function



Combination of  
**5 key herbs** for  
brain health



**Clinical levels** of  
key ingredients



Contains **BacoMind™**\*,  
a clinically validated,  
proprietary extract of  
brahmi

\*BacoMind™ is a trademark of Natural Remedies Pvt. Ltd.





**Pack size:**  
90 soft capsules/bottle

**SUITABLE FOR:** ● ● ●

**Manufactured in Australia**

### Highlights

- PM Branin® is an established herbal formula consisting of *Bacopa monnieri*, an Ayurvedic herb used for centuries to support and improve cognitive function
- *Bacopa monnieri* is classed as a nootropic (enhances cognitive function)
- Manufactured in Australia

### Benefits

- It may help maintain and improve brain and higher order cognitive functions including memory, learning ability, information processing and concentration

### Ingredients: Each capsule contains:

<i>Bacopa monnieri</i> leaf ext. dry conc. equiv. to dry	3g (3,000mg)
--	-----------------

**Dosage:** Adults: 2 capsules daily; Children (12 and under): 1 capsule daily; or as directed by a Healthcare Professional.

**Caution:** If symptoms persist consult your healthcare practitioner.

## Rejufort®

## Heart & Cardiovascular Health



**Pack size:**  
60 soft capsules/box

**SUITABLE FOR:** ● ●

**Manufactured in Australia**

### Highlights

- Designed for heart, cardiovascular health and brain functions
- Provides the combined health benefits of omega-3, antioxidants (co-enzyme Q10, grapeseed extracts); B-vitamins, and hawthorn berry
- Contains clinical dose of Omega-3, Co-Q10, and Grapeseed extract

### Benefits

- Support cardiovascular system function and heart health. Helps enhance/promote healthy blood circulation.
- Antioxidant/Reduce free radicals formed in the body
- Promote energy levels
- Helps enhance/promote skin health

**Dosage:** Adults: 1-2 capsules daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. Do not take while on warfarin therapy without medical advice. Do not take this product if allergic to any of its composition. Keep out of reach of children.

### Ingredients: Each soft capsule contains:

Concentrated fish Omega-3 triglycerides equiv. Docosahexaenoic acid (DHA)	416.67mg 100mg
equiv. Eicosapentaenoic acid (EPA)	150mg
Ubidecarenone (Co-Enzyme Q10)	30mg
Pyridoxine hydrochloride equiv. Pyridoxine (vitamin B6)	7.8125mg 6.25mg
Folic acid (vitamin B9) (Quali®-B)	100µg

### Extracts dry conc. equiv. to dried:

<i>Vitis vinifera</i> (Grapeseed) seed	12g
<i>Crataegus monogyna</i> (Hawthorn berry) fruit	40mg

**Pack size:**

60 soft capsules/bottle

**SUITABLE FOR:****ALSO BENEFITS:**

Manufactured in Australia

**Highlights**

- Scientifically formulated to support cognitive function, cardiovascular, eye and general health
- Combines the health benefits of fish oil, brahmi, folic acid, calcium and magnesium

**Benefits**

- Support cardiovascular system function and heart health
- Support brain health and cognitive function
- Support eye health;
- Antioxidant

**Ingredients:** Each soft capsule contains:

Concentrated Fish Omega-3 triglycerides equiv. <i>Eicosapentaenoic acid (EPA)</i> equiv. <i>Docosahexaenoic acid (DHA)</i>	400mg 144mg 96mg
Folic acid (Vitamin B9)	100mcg
Calcium carbonate equiv. <i>Calcium</i>	125mg 50mg
<i>Bacopa monnieri</i> (Brahmi) whole plant ext. dry conc. equiv. to dry ((BacoMind®))	90mg
Magnesium oxide - Heavy equiv. <i>Magnesium</i>	124.3mg 75mg

**Dosage:** Adult: 1 - 2 capsules twice daily with meal or as directed by your Healthcare Professional.

**Caution:** Vitamins can only be of assistance if the dietary vitamin intake is inadequate. If symptoms persist consult your healthcare practitioner.



## Children's Health Range

Children's health influences their development, wellbeing and future health. Our children's health range helps your little ones meet their nutritional needs to support development, learning and immune health.





# Health & Nutrition of your Little Stars

## Laying the Foundation for a Bright Future

Good health and nutrition in early life is crucial for a person's development later in life. The first 1,000 days, from conception to 2 years of age, are particularly important in shaping a baby's health and brain development for the rest of their life. At Max Biocare Group, our products are specially designed with high-quality ingredients based on scientific research to support your child's growth and development during these critical stages. Our products undergo strict research, development, and quality control processes, similar to pharmaceutical products



### ● Infant Nutrition (0-6 months; 6-12 months)

- Complete infant nutrition
- Scientifically formulated with premium ingredients providing 40+ essential nutrients with GOS, ARA and DHA, Lutein and Nucleotides
- 100% grass-fed Australian cow's milk
- Batch tested for 3-MCPD & Glycerol

### ● Toddler Nutrition (12+ months)

- Scientifically formulated to support cognitive development, immune system function and normal healthy growth and development
- Providing 40+ essential nutrients with Lactoferrin, Wellmune® Betaglukan, GOS, DHA and EPA, Lutein
- 100% grass-fed Australian cow's milk
- Little Etoile Clinical Nutrition range is designed as **Sole Source of Nutrition, and Food for Special Medical Purposes** for Kids from 12 months - 6 years.
- Batch tested for 3-MCPD & Glycerol



### ● Baby Food

- More than Just Organic - we test every batch for heavy metal contamination and allergens to make sure the product is safe for your little stars - in compliance with our time-tested pharmaceutical quality management principles
- Naturally tasty, wide range of flavors, from premium quality staples to a variety of natural food ingredients Valuable nutrition
- Australian made, organic certified
- Free from added flavours, salt/sugar, non-GMO
- Convenient to use, helping your babies develop early motor skills and independence
- Adding varieties of taste, texture and nutrition to your little stars' diet



- **Baby Care** provides families with evidence-based, trusted & quality baby topical products, extending from infant shampoos to leave-in conditioners for toddlers and children, helping their little stars shine on the outside as well.



### ● Supplements

- TGA listed complementary medicine covering ages beginning with newborns, from liquid drops, to chewable softgel capsules with patented technology, to normal soft-gels, and tablets for bigger kids
- Catering for all areas of health from Immune, Digestive & Brain health, to Eye, Bone & Muscle Health



- **Mother's Care** provides that extra level of support for hair, skin, and body, to mums who spend all of their time looking after their babies and may often neglect their own wellbeing. Our feminine hygiene products cater to maintaining the intimate area before, during and after pregnancy.



# THE CHILDREN'S PRODUCT CHART

SPECIFICALLY FORMULATED FOR CHILDREN'S HEALTHY GROWTH AND DEVELOPMENT



EYE HEALTH



BRAIN HEALTH



6 years +



BONE HEALTH



BRAIN, EYE, IMMUNE HEALTH

12 months +



6 months +



NEURAL, EYE, IMMUNE HEALTH



DIGESTIVE, IMMUNE, BRAIN HEALTH

0 month +



**MBc**  
max biocare



**Pack size:**

30 soft capsules/bottle

**SUITABLE FOR:**



**ALSO BENEFITS:**



Manufactured in Australia

**Benefits**

- Maintain/support healthy eye function, eye health and healthy eye development
- Maintain/support brain health, cognitive function and mental function
- Maintain/support healthy cardiovascular system function and heart health
- Antioxidant/Reduce free radicals formed in the body
- Helps reduce free radical damage to body cells
- Maintain/support skin health

**Dosage:** Children (from 6 years of age): 1 capsule daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Ingredients:** Each soft capsule contains:

Concentrated fish Omega-3 triglycerides equiv. Docosahexaenoic acid (DHA)	416.7mg
equiv. Eicosapentaenoic acid (EPA)	100mg
equiv. Total omega-3 marine triglycerides	150mg
	258.4mg
Lutein	5mg
Zeaxanthin	1mg
Betacarotene	1mg
Evening Primrose Oil	100mg
equiv. gamma-Linolenic acid	10mg
equiv. Linoleic acid	65mg



**Pack size:**

30 chewable capsule/bottle

**SUITABLE FOR:**



**ALSO BENEFITS:**



Manufactured in Australia

**Highlights**

- Provides human milk oligosaccharides as 2'-fucosyllactose, proven to assist with digestive and immune health, as well as Betaglucon (Wellmune®), a proprietary ingredient, has been clinically trialed on children to establish its effect in immune health and respiratory tract infection
- Provides Lysine to assist with appetite and growth, and Zinc/Iodine/Iron for immunity & brain development
- Available in a tasty, chewable one a day softgel capsule

**Benefits**

- Support healthy immune system function & brain development
- Supports digestive health

**Dosage:** Children (1+ years): 1-2 capsules daily, or as directed by a health professional.

**How to administer:** For young children who cannot chew (< 5 years), puncture the capsule with a toothpick or fork then squeeze the content onto food, a teaspoon, or directly into mouth. For older children who can chew (> 5 years) and adults, chew capsule whole.

**Ingredients:** Each capsule contains:

2'-fucosyllactose (HMO- human milk oligosaccharides)	200mg
Wellmune® Beta-glucan	35mg
Lysine	50mg
Zinc	3mg
Iodine	60mcg
Iron	4mg

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. If symptoms persist or worsen talk to your medical practitioner. Seek medical advice if diarrhoea persists for more than: 6 hours in infants < 6 months, 12 hours in children < 3 years, 24 hours in children aged 3-6 years or 48 hours in adults and children > 6 years. Keep out of reach of children.

Features Wellmune®, a leading natural yeast beta glucan clinically proven to help strengthen your immune system in addition to the latest development 2'-fucosyllactose (HMO- human milk oligosaccharides).


**Pack size:**

30 chewable soft capsules/bottle

**SUITABLE FOR:**

**ALSO BENEFITS:**

**Manufactured in Italy**
**Highlights**

- Unique combination of DHA, EPA, Betaglukan, Lysine and essential vitamins and minerals to support children's neural, eye, digestive & immune health
- Betaglukan (Wellmune®), a proprietary ingredient, has been clinically trialed on children to establish its effect in immune health and respiratory tract infection
- Yummy chewable soft capsules, making it kid-friendly and easy to take, suitable for people who have difficulty swallowing solid capsules

**Benefits**

- Support immune, digestive system function, mental function, eye development and bone health
- Antioxidant
- Anti-inflammatory/relieve inflammation

**Dosage:** Children (1-8 years): 1 capsule daily; Children (9+ years): 1-2 capsules daily, or as directed by a healthcare professional.

**How to administer:** For young children who cannot chew (< 5 years), puncture the capsule with a toothpick or fork then squeeze the content onto food, a teaspoon, or directly into mouth. For older children who can chew (> 5 years) and adults, chew capsule whole.

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health

**Ingredients:** Each chewable soft capsule contains:

<i>Saccharomyces cerevisiae</i> cell wall ext. dry conc. (as Wellmune® 35mg)* equiv. to fresh equiv. Betaglukan	175mg 26.25mg
Concentrated fish Omega-3 triglycerides contains Omega-3 marine triglycerides equiv. Docosahexaenoic acid (DHA) equiv. Eicosapentaenoic acid (EPA)	500mg 335mg 250mg 100mg
Potassium Iodine equiv. Iodine	78.50mcg 60mcg
Zinc amino acid chelate equiv. Zinc	12.5mg 2.5mg
Colecalciferol (Quali®-D) equiv. vitamin D3	5µg 200IU

professional. Contains fish, sucralose, sulfites and soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

Features Wellmune®, a leading natural yeast beta glucan clinically proven to help strengthen your immune system


**Pack size:**

30 chewable soft capsules/bottle

**SUITABLE FOR:**

**ALSO BENEFITS:**

**Manufactured in Australia**
**Highlights**

- Comprehensive calcium supplement with added vitamin K2 to help with calcium transportation and D3 for calcium absorption
- Contains microcrystalline hydroxyapatite (MCHA), a natural and bioavailable source of calcium, phosphorus and bone-supporting trace elements, clinically proven for its bioavailability and safety in women and children
- All ingredients are from reputable source, including MCHA from clean green Australia
- Yummy chewable soft capsules, making it kid-friendly

**Benefits**

- Helps enhance bone health and strength, muscle function, and teeth health
- Assists healthy bone development/growth/building
- Support calcium absorption in bones

**Dosage:** Adults (incl. pregnant & breastfeeding women) & Children (14+ years): 2-6 capsules daily; Children (4-13 years): 2-4 capsules daily; Children (1-3 years): 1-2 capsules daily, or as directed by a healthcare professional.

**How to administer:** For young children who cannot chew (< 5 years), puncture the capsule with a toothpick or fork then squeeze the content onto food, a teaspoon, or directly into mouth. For older

**Ingredients:** Each chewable soft capsule contains:

Hydroxyapatite (Microcrystalline) equiv. Calcium equiv. Phosphorus	250mg 60mg 27.5mg
Calcium hydrogen phosphate equiv. Calcium equiv. Phosphorus	475mg 140mg 108mg
<b>Total Calcium</b>	<b>200mg</b>
Menaquinone 7 (vitamin K2) (MenaQ7® PURE)	10µg
Colecalciferol (Quali®-D) equiv. vitamin D3	5µg 200IU

children who can chew (> 5 years) and adults, chew capsule whole.

**Caution:** Always read the label. Follow the directions for use. Consult a healthcare professional prior to use if you are taking a blood thinner such as warfarin. Vitamins and minerals can only be of assistance if dietary intake is inadequate. Contains sucralose, sulfites and soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

Features MenaQ7® PURE, the only clinically researched vitamin K2 for bone and cardiovascular health and investigated in 22 clinical trials in Europe



**Pack size:**

30 chewable soft capsules/bottle

**SUITABLE FOR:****ALSO BENEFITS:**

Manufactured in Italy

**Highlights**

- For early learning, child development and performance
- Contains a good dose of omega-3: 260mg of DHA and 60mg of EPA from high-quality tuna oil from clean pristine Iceland
- Yummy chewable soft capsules, making it kid-friendly and easy to take, suitable for people who have difficulty swallowing solid capsules

**Benefits**

- Support brain / central nervous system development / cognitive function
- Support cardiovascular system function / immune system health / eye health
- Support healthy foetal development / healthy pregnancy. Helps enhance / promote maternal postnatal health

**Dosage:** Adults (incl. pregnant & breastfeeding women) & Children (6+ months): 1 capsule daily, or as directed by a healthcare professional.

**Ingredients:** Each chewable soft capsule contains:

Docosahexaenoic acid (DHA)*	260mg
Eicosapentaenoic acid (EPA)*	60mg
<i>equiv. total Omega-3 marine triglycerides</i>	320mg
*from Natural fish oil (Tuna)	1g

**How to administer:** For young children who cannot chew (< 5 years), puncture the capsule with a toothpick or fork then squeeze the content onto food, a teaspoon, or directly into mouth. For older children who can chew (> 5 years) and adults, chew capsule whole.

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Contains sulfites, fish and soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

Bright Kids® has been investigated in a clinical trial to validate its safety and efficacy in attention span, memory and intelligence in 120 children (6-12 years old), and underwent a survey on nearly 1000 kids. Check out here or scan code:

1. [rb.gy/2ct2tg](https://rb.gy/2ct2tg)
2. [rb.gy/3qzunb](https://rb.gy/3qzunb)

**Pack size:**

20 ml bottle

**SUITABLE FOR:****ALSO BENEFITS:**

Manufactured in Australia

**Highlights**

- For early learning, child development and performance
- Contains a good dose of omega-3: 260mg of DHA and 52mg of EPA and essential vit A, D and Zinc for Immune Health

**Benefits**

- Support brain / central nervous system development / cognitive function
- Support cardiovascular system function / immune system health / eye health
- Support healthy foetal development / healthy pregnancy

**Dosage:** Infants (0-12 months): up to 10 drops per day (0.5ml). Children (1-8 yr): up to 15 drops per day (0.75ml)

**Ingredients:** Each 1ml contains

Docosahexaenoic acid (DHA)*	260mg
Eicosapentaenoic acid (EPA)*	52mg
Vitamin A	0.6mg
Vitamin D3	10mcg
Zinc	7mg

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Contains fish products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.





## Eye Health Range

Sight is an important part of our lives, we are reliant on vision to do everyday activities including awareness and movement. Our eye health range provides antioxidants, relieves eye fatigue and supports healthy eye function and development.



### Eye Tonic Forte

Maintain/Support Healthy Eye Function/Eye Health



#### Pack size:

30 soft capsules/box

#### SUITABLE FOR:



#### ALSO BENEFITS:



Manufactured in Australia

#### Highlights

- Contains bilberry, fish oil and vitamins to support eye health and relieve visual fatigue

#### Benefits

- Maintain/support healthy eye function/eye health/healthy eye development
- Maintain/support brain health/healthy cardiovascular system function/heart health
- Antioxidant/Reduce free radicals formed in the body
- Maintain/support skin health

**Dosage:** Children (4-8 yrs): 1 capsule daily; Children and Adolescents (9-18 yrs): 1-2 capsules daily. Adults (> 18 yrs): 1-2 capsules twice daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. **Warnings:** When taken in excess of 3,000 micrograms retinol equivalents (10,000IU), vitamin A can cause birth defects. If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist. The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men. Contains peanut, fish, sulfites

#### Ingredients: Each soft capsule contains:

Vaccinium myrtillus (Bilberry) fruit ext. dry conc. equiv. to fresh	2g
Concentrated fish Omega-3 triglycerides equiv. Docosahexaenoic acid (DHA)	180mg
equiv. Eicosapentaenoic acid (EPA)	90mg
	18mg
Concentrated fish Omega-3 triglycerides equiv. Docosahexaenoic acid (DHA)	125mg
equiv. Eicosapentaenoic acid (EPA)	30mg
	45mg
Thiamine hydrochloride (vitamin B1)	20mg
Riboflavin (vitamin B2)	5mg
Retinol palmitate equiv. vitamin A	1.3875mg
	750µg RE (2,500IU)
d-alpha-Tocopherol equiv. vitamin E	6.71mg
	10IU

and soya bean products. Do not take this product if allergic to any of its composition. Keep out of reach of children.



## Gastrointestinal Health Range

Gastrointestinal health is important for fundamental functions such as digestion and metabolism. Our gastrointestinal range includes formulations for liver detox, digestive function and antioxidant support.



**Livaform®**

Maintain/Support Healthy Liver Function



**Pack size:**

60 film coated tablets/box

**SUITABLE FOR:**



**ALSO BENEFITS:**



**Manufactured in Australia**



**Highlights**

- A liver tonic designed to help maintain healthy digestive function

**Benefits**

- Maintain/support healthy liver function
- Maintain/support liver health
- Maintain/support natural liver cleansing/detoxification processes
- Aids/assists natural body cleansing/detoxification processes
- Maintain/support healthy digestive system function
- Helps improve/promote body metabolism/metabolic rate
- Antioxidant/Reduce free radicals formed in the body
- Helps reduce/decrease free radical damage to body cells
- Maintain/support general health and wellbeing

**Dosage:** Adults: 1 tablet twice daily, or as directed by a healthcare professional.

**Ingredients:** Each film coated tablet contains:

<i>Silybum marianum</i> (Milk thistle) seed ext. dry conc. stand. equiv. to dry equiv. <i>Flavanolignans calculated as silybin</i>	10.94g (10,940mg) 125mg
d-alpha-Tocopheryl acid succinate equiv. <i>vitamin E</i>	27.5mg 33IU
Taurine	50mg
<i>Schisandra chinensis</i> fruit ext. dry conc. equiv. to dry	750mg
<i>Cynara scolymus</i> (Globe artichoke) leaf ext. dry conc. stand. equiv. to fresh equiv. <i>Caffeoylquinic acids calculated as cynarin of Cynara scolymus</i>	750mg 750micrograms

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Do not take this product if allergic to any of its composition. Keep out of reach of children.



**Pack size:**

60 soft capsules/box

**SUITABLE FOR:****ALSO BENEFITS:****Manufactured in Australia****Benefits**

- Maintain/support gastrointestinal system and liver health
- Maintain/support natural liver cleansing and detoxification processes
- Assists natural cleansing and detoxification processes of the gastrointestinal system and gut
- Maintain/support healthy digestive system function
- Maintain/support cardiovascular system health
- Antioxidant/Reduce free radicals formed in the body
- Maintain/support general health and wellbeing

**Dosage:** Adults only: 1-2 capsules twice daily, or as directed by a healthcare professional.

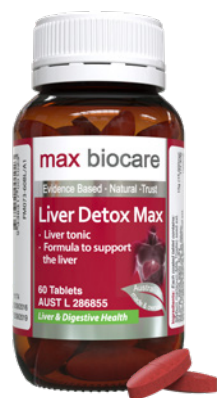
**Caution:** Always read the label. Follow the directions for use. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Do not take this product if allergic to any of its composition. Keep out of reach of children.

**Ingredients:** Each soft capsule contains:

Phosphatidyl choline from Lecithin	175mg 500mg
Concentrated fish Omega-3 triglycerides equiv. Docosahexaenoic acid (DHA) equiv. Eicosapentaenoic acid (EPA) equiv. Total omega-3 marine triglycerides	200mg 48mg 72mg 124mg
Schisandra chinensis fruit ext. dry conc. equiv. to dry	100mg
Cynara scolymus (Globe artichoke) leaf ext. dry conc. equiv. to fresh	1.25g
Thiamine hydrochloride (vitamin B1)	6mg
d-alpha-Tocopherol equiv. vitamin E	13.42mg 20IU
Pyridoxine hydrochloride equiv. Pyridoxine (vitamin B6)	2.43mg 2mg
Folic acid (vitamin B9) (Quali®-B)	100µg
Cyanocobalamin (vitamin B12)	10µg
Colecalciferol (Quali®-D) equiv. vitamin D3	5µg 200IU
Selenomethionine equiv. Selenium	75µg 30µg
Taurine	50mg

## Liver Detox Max

## Liver Tonic and Detox

**Pack size:**

60 film coated tablets/bottle

**SUITABLE FOR:****Manufactured in Australia****Highlights**

- Liver Detox Max is a comprehensive formulation with herbal, amino acid and vitamin ingredients supporting liver health
- Providing Turkey tail mushroom containing Polysaccharide; Beta-Glucan; Alpha-Glucan; Protein/Peptide Bound Polysaccharide (PSP) Content (used as adjunct to cancer therapy). A source of standardized peptide-polysaccharides, which has been used for detoxification and strengthening immune function

**Benefits**

- Liver tonic
- Liver detox
- Helps maintain normal liver function

**Dosage:** Adults only: 1 tablet twice daily, or as directed by a healthcare professional.

**Caution:** Vitamins can only be of assistance if the dietary vitamin intake is inadequate. If symptoms persist consult your healthcare practitioner. Not recommended for use by pregnant and lactating women.

**Ingredients:** Each film coated tablet contains:

Silybum marianum (Milk thistle) seed ext. dry conc. stand. equiv. to dry equiv. Flavanolignans calculated as silybin	15g (15,000mg) 171.4mg
Cynara scolymus (Globe artichoke) leaf ext. dry conc. stand. equiv. to fresh equiv. Caffeoylquinic acids calculated as cynarin of Cynara scolymus	1g (1,000mg) 1mg
Taurine	100mg
Trametes versicolor (Turkey tail mushroom) equiv. to fresh Containing: >50% Total Polysaccharide Content; >15% 1,3-1,6 Beta-Glucan Content; >7% Protein/Peptide Bound Polysaccharide (PSP) Content	250mg
Choline bitartrate equiv. Choline	60.76mg 25mg
<b>Extracts dry conc. equiv. to dried:</b>	
Taraxacum officinale (Dandelion) root	750mg
Schisandra chinensis fruit	250mg



## Immune Health Range

Immune health is important for our wellbeing and protecting our bodies from illness. Our immune health range helps to support your body's immune system and provides a source of antioxidants.



### Responel®

Maintain/Support Healthy Immune System Function and Lung Health



**Pack size:**  
60 film coated tablets/bottle

**SUITABLE FOR:** ●●

**Manufactured in Australia**



#### Highlights

- Unique combination of herbs, vitamins and minerals to support lung and immune health
- Beneficial for building up immunity; people living in environments affected by pollution, dust and airborne particles
- Vegan friendly

#### Benefits

- Support healthy immune system function
- Support lung health. Relieve symptoms of mild upper respiratory tract infections
- Expectorant/clear respiratory tract mucous
- Decrease/reduce/relieve cough
- Antioxidant/Reduce free radicals formed in the body. Maintain/support general health and wellbeing

**Dosage:** Adults: 1-3 tablets daily, or as directed by a healthcare professional.

**Ingredients:** Each film coated tablet contains:

#### Extracts dry conc. equiv. to dried:

<i>Thymus vulgaris</i> (Common thyme) herb	1.12g
<i>Nigella sativa</i> (Black cumin) seed	660mg
<i>Hedera helix</i> (Common ivy) leaf	333.6mg

#### Plus:

Ascorbic acid (vitamin C) (Quali®-C)	333.33mg
Zinc sulfate monohydrate equiv. Zinc	21.96mg 8mg
Eucalyptus Oil	4mg
Riboflavin (vitamin B2)	1.2mg

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Not to be used in children under 2 years of age without medical advice. Contains soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Pack size:**30 **VEGAN** hard capsules/bottle**SUITABLE FOR:****Manufactured in Australia****Highlights**

- Contains a clinical dose of 500mg of Maritech® fucoidan, a polysaccharide derived from a standardised extract of *undaria pinnatifida*
- Vegan friendly
- Maritech® fucoidan:
  - Validated to be safe and beneficial in a clinical trial for breast cancer, and more than 30 research studies of anticancer properties
  - The ONLY CERTIFIED ORGANIC fucoidan by both USDA and ACO
  - The only fucoidan ingredient that has FDA GRAS approval, notified and assessed for safety, toxicity and bioavailability
  - Derived from sustainably sourced and fully traceable wild *undaria pinnatifida* seaweed
  - Manufactured in Tasmania (Australia) using proprietary solvent-free extraction methods to preserve the integrity of the native fucoidan composition ensuring it is free from solvent residues and harmful chemicals.
  - Non-GMO, ICCV HALAL certified

**Ingredients:** Each **VEGAN** hard capsule contains:

Fucoidan from <i>Undaria pinnatifida</i> whole plant extract dry conc. stand. equiv. to dry	500mg 7.056g
---	-----------------

**Benefits**

- Support immune system health
- Antioxidant/Reduce free radicals formed in the body
- Anti-inflammatory/relieve inflammation
- Maintain/support skin health
- Maintain/support general health and wellbeing

**Dosage:** Adults & Children (12+ years): 1 capsule daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Contains iodine, which is utilised in thyroid function and basal metabolism. If you have a thyroid disorder, bleeding disorder, cardiovascular condition or hypertension, seek medical advice before use. Do not take if you are trying to conceive. Do not take this product if you are allergic or intolerant to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**EVIDENCE TABLE OF STUDIES PERFORMED WITH UNDARIA PINNATIFIDA IN MAXUCOSA**

Clinical Application	Study Design	Dose of Fucoidan	Species of Origin	Main Outcomes and Effects
<b>Oncology</b>	Open-label, non-crossover	500mg twice daily for 3 weeks	<i>Undaria pinnatifida</i>	Fucoidan was found to be a safe adjunct supplement for standard anticancer therapies in patients with breast cancer
<b>Dermatology</b>	Double-blind, placebo-controlled	0.3% w/v gel applied topically	<i>Undaria pinnatifida</i>	Significant skin protection, soothing and immunity from simulated UV radiation, compared to the placebo and control groups
<b>Cardiovascular Health</b>	Single-blind	3g daily for 12 days	<i>Undaria pinnatifida</i>	↑ Anticoagulant parameters with oral fucoidan treatment (n = 10) versus placebo (n = 10)
<b>Immunity</b>	Single-blind, randomised, placebo-controlled	3g of 10% or 75% (w/w) fucoidan preparation for 12 days	<i>Undaria pinnatifida</i>	A significant increase (P < 0.05) in CD34 <sup>+</sup> cells, CXCR4 on CD34 <sup>+</sup> , stromal derived factor (SDF)-1 and interferon (IFN)-γ were observed in the 75% fucoidan group
<b>Immunity and Infection</b>	Randomised, double-blind, placebo-controlled	300mg per day for 24 weeks	<i>Undaria pinnatifida</i>	After the administration of the influenza vaccine, ↑ antibody production to all strains in the vaccine, ↑ NK cell activity
<b>Immunity and Infection</b>	Pilot study	4.5g of proprietary fucoidan extract per day for 10 days	<i>Undaria pinnatifida</i>	Subjects with active Herpes simplex virus (HSV) showed increased healing rates; improved drying; no further spreading of skin lesions and rapid pain reduction





**Pack size:**  
30 **VEGAN** hard capsules/bottle

**SUITABLE FOR:** ● ● ●

**Manufactured in Australia**



#### Highlights

- Vegan friendly
- Maritech<sup>®</sup> fucoidan:
  - Validated to be safe and beneficial in a clinical trial for breast cancer, and more than 30 research studies of anticancer properties
  - The **ONLY CERTIFIED ORGANIC** fucoidan by both USDA and ACO
  - The only fucoidan ingredient that has FDA GRAS approval, notified and assessed for safety, toxicity and bioavailability
  - Derived from sustainably sourced and fully traceable wild *undaria pinnatifida* seaweed
  - Manufactured in Tasmania (Australia) using proprietary solvent-free extraction methods to preserve the integrity of the native fucoidan composition ensuring it is free from solvent residues and harmful chemicals.
  - Non-GMO, ICCV HALAL certified

**Ingredients:** Each **VEGAN** hard capsule contains:

Fucoidan from <i>Undaria pinnatifida</i> whole plant extract dry conc. stand. equiv. to dry	50mg 705.6mg
Ganoderma lucidum dry powder equiv. to Ganoderma lucidum fresh	100mg 1000mg
Lentinula edodes dry powder equiv. to Lentinula edodes	100mg 1000mg

#### Benefits

- Support immune system health
- Antioxidant
- Maintain/support general health and wellbeing

**Dosage:** Adults & Children (12+ years): 1-2 capsule daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Contains iodine, which is utilised in thyroid function and basal metabolism. If you have a thyroid disorder, bleeding disorder, cardiovascular condition or hypertension, seek medical advice before use. Do not take if you are trying to conceive. Do not take this product if you are allergic or intolerant to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Maritech<sup>®</sup> fucoidan:**

- ✓ **Scientifically** validated & clinically trialled ingredient
- ✓ The **ONLY CERTIFIED ORGANIC** fucoidan approved by both the **USDA** and **ACO**
- ✓ The **only fucoidan** ingredient that has **FDA GRAS approval**, notified and assessed for **safety, toxicity and bioavailability**
- ✓ Extracted in **Tasmania, Australia** using the proprietary **Maritech<sup>®</sup> process**

Immunity & Infection Study

Dermatology Study

Maritech<sup>®</sup> is a registered trademark of Marinova Pty Ltd



**Pack size:**  
60 film coated tablets/bottle

**SUITABLE FOR:** • •

**Manufactured in Australia**



### Highlights

- A comprehensive formula combining herbs with antioxidants (vitamin C and zinc) that support immune health
- Developed based on both western and traditional Asian medicine to include herbal extracts with natural anti-microbial and immune-boosting properties.
- Providing Turkey tail mushroom containing Polysaccharide; Beta-Glucan; Alpha-Glucan; Protein/Peptide Bound Polysaccharide (PSP) Content (used as adjunct to cancer therapy). A source of standardized peptide-polysaccharides, which has been used for detoxification and strengthening immune function
- Suitable for vegans. Non-GMO

### Benefits

- Immune support
- Supports a healthy immune response
- Antioxidant support
- Aids, assists or helps in the maintenance or improvement of general well-being

**Dosage:** Adults: 1 tablet twice daily, up to 2 tablets twice daily, or as directed by a healthcare professional.

### Ingredients: Each film coated tablet contains:

Trametes versicolor (Turkey tail mushroom) equiv. to fresh Containing: >50% Total Polysaccharide Content; >15% 1,3-1,6 Beta-Glucan Content; >7% Protein/Peptide Bound Polysaccharide (PSP) Content	500mg
---	-------

### Extracts dry conc. equiv. to dried:

<i>Ganoderma lucidum</i> (Reishi mushroom) fruiting body	500mg
<i>Sambucus nigra</i> (Elderberry) flower	625.05mg

### Plus:

Vitamin D3	250iu
Ascorbic acid (vitamin C) (Quali®-C)	250mg
Zinc amino acid chelate equiv. Zinc	30mg 6mg

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Vitamins can only be of assistance if the dietary vitamin intake is inadequate. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.



## Metabolic Health Range

Metabolic health is important for maintaining normal and healthy functioning of our body. Our metabolic health range is scientifically formulated to support your internal balance and general wellbeing.






**Pack size:**

60 film coated tablets/bottle

**SUITABLE FOR:**

**ALSO BENEFITS:**

**Manufactured in Australia**

**Highlights**

- Unique formula based with carefully selected ingredients at clinical levels, designed to support normal glucose and lipid metabolism
- Vegetarian friendly

**Benefits**

- For support of normal glucose metabolism
- Assists with energy production from carbohydrate metabolism to sustain metabolic activity
- Anti-oxidant
- Helps to maintain cardiovascular health
- Promotion of digestive function

**Dosage:** Adults: 2 tablets twice daily, or 2 tablets daily for maintenance purpose, or as directed by a healthcare professional. Not recommended during pregnancy or breastfeeding.

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Vitamin and/or mineral supplements should not replace a balanced diet. Do not take this product if allergic to any of the composition. Do not use if cap seal is broken. Keep out of reach of children.

**Ingredients:** Each film coated tablet contains:

**Extracts dry conc. equiv. to dried:**

<i>Cinnamomum cassia</i> (Cassia cinnamon) stem bark	750mg
<i>Momordica charantia</i> (Bitter melon) fruit	2g
<i>Trigonella foenum-graecum</i> (Fenugreek) seed	1g

**Plus:**

Chromic chloride hexahydrate equiv. Chromium	192.5µg 37.5µg
Chromium picolinate equiv. Chromium	100.5µg 12.5µg
<b>Total Chromium</b>	<b>50µg</b>
Biotin	166.5µg
Zinc sulfate heptahydrate equiv. Zinc	26.35mg 6mg
Colecalciferol (Quali®-D) equiv. vitamin D3	6.2µg 250IU
Vitamin E	50iu

Metacose has been investigated in a clinical trial of 110 adults (aged 20-70 years) to validate its safety and efficacy in managing symptoms of glycaemic imbalance.

The study has shown statistically significant decreases in fasting blood sugar (FBS), serum glycated haemoglobin (HbA1c) and insulin resistance, reduced LDL-cholesterol

and malonyldialdehyde reduced LDL-cholesterol and malonyldialdehyde (MDA) oxidative stress marker levels, indicating improvements in cardiovascular health status.

Publication available at  
<https://journals.sagepub.com/doi/pdf/10.1177/1934578X20918687>  
or scan the QR code.



## Muscular & Skeletal Health Range

The musculoskeletal system (bones, joints and muscles) allows us to perform every day physical activities. Our muscular & skeletal health range helps to support bone and joint health as well as muscle function.



**Pack size:**

60 film coated tablets/bottle

**SUITABLE FOR:****ALSO BENEFITS:****Manufactured in Australia****Highlights**

- A natural herbal formula designed to help with immune, liver, cardiovascular health, and mild osteoarthritis
- Contains Meriva®, a bioactive form of curcumin that is 29-fold more absorbable than unformulated curcuminoids
- Vegan friendly

**Benefits**

- Support immune, digestive system and liver health
- Support cardiovascular system function
- Anti-inflammatory
- Support joint health/joint mobility. Decrease/relieve symptoms of mild arthritis/mild osteoarthritis/mild joint pain
- Antioxidant/Reduce free radicals formed in the body.
- Analgesic/Anodyne/relieve pain

**Dosage:** Adults: 1-2 tablets daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Contains lactose and soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Ingredients:** Each film coated tablet contains:

Meriva® Curcuma longa Phospholipid Complex (9024160 Indena Curcuma longa extract)*	500mg
containing <i>Curcuma longa</i> rhizome extract equivalent to fresh <i>Curcuma longa</i> rhizome standardised to contain curcuminoids	100mg
	16,500mg
	100mg

**Extracts dry conc. equiv. to dried:**

<i>Boswellia serrata</i> (Frankincense) gum oleoresin	500mg
<i>Harpagophytum procumbens</i> (Devil's claw) tuber	500mg
<i>Apium graveolens</i> (Celery) seed	500mg
<i>Zingiber officinale</i> (Ginger) rhizome	165mg

Tregocel® has been investigated in a prospective, multicentre clinical trial in Poland on participants aged 40-88 years old suffering from mild knee osteoarthritis for an average of 1.8 years, with the longest sufferer having lived with the condition for more than 17 years. Findings includes reduction in use of prescription pain relief, improved walking distance, decrease in pain, stiffness & improved mobility.

Publications available at [maxbiocare.com/publications/](http://maxbiocare.com/publications/) or scan the QR code.



Provides premium ingredients, such as Meriva® curcumin researched in 30+ clinical studies and 29 times more bioavailable than standard curcumins.



Quality and efficacy guaranteed by Max Biocare's stringent quality management system

Clinically proven in an European research study with results published in 3 scientific journal reports.

**Clinical research**

In a multi-centre study in Europe on **107 participants**, including:



**Participants aged 40-88 years old suffering from mild of knee osteoarthritis for an average of 1.8 years**

**The longest sufferer having lived with the condition for more than 17 years**



**Pack size:**

90 film coated tablets/bottle

**SUITABLE FOR:****Manufactured in Australia****Highlights**

- OzeRelief is a formula that combines glucosamine and herbs, to assist in the relief of arthritis symptoms and help maintain healthy cartilage and joint mobility
- Consists of herbs that have been that have been clinically studied and used traditionally for the relief of arthritis symptoms
- Manufactured in Australia

**Benefits**

- For the relief of arthritis symptoms
- Maintaining healthy joints
- Helps maintain healthy cartilage and joint mobility
- Contains Bromelains, an extract from pineapple stem with analgesic and anti-inflammatory properties
- Devil's claw is used in traditional herbal medicine for the relief of joint pain
- Boswellia is used in traditional Ayurvedic medicine for the management of arthritis

**Ingredients:** Each film coated tablet contains:

Glucosamine hydrochloride	500mg
Bromelains	4.82 million PU
<b>Extracts dry conc. equivalent to dry:</b>	
<i>Boswellia serrata</i> gum oleoresin	70mg
<i>Harpagophytum procumbens</i> (Devil's claw) tuber	60mg

**Dosage:** Adults: 1 tablet 3 times a day or as prescribed by a health professional.

**Caution:** If symptoms persist consult your healthcare practitioner.

**Pack size:**

90 film coated tablets/bottle

**SUITABLE FOR:****Manufactured in Australia****Highlights**

- Bonlutin® is an established formula designed to help relieve mild osteoarthritis symptoms, reduce joint inflammation associated with arthritis and help improve joint mobility
- Formulated to combine the health benefits of glucosamine, fish oil and chondroitin
- Fish oil provides essential omega-3 fatty acids (EPA & DHA) to help reduce inflammation and joint pain
- Glucosamine helps increase joint mobility and reduce joint stiffness
- Chondroitin helps improve joint mobility and relieve joint pain
- Manufactured in Australia

**Benefits**

- Symptomatic relief of mild osteoarthritis
- May help reduce joint inflammation associated with arthritis
- For joint mobility and joint swelling

**Ingredients:** Each soft capsule contains:

Fish oil - Natural equiv. <i>Eicosapentaenoic acid</i> (EPA) equiv. <i>Docosahexaenoic acid</i> (DHA) equiv. <i>Total Omega-3 marine triglycerides</i>	500mg 90mg 60mg 150mg
Glucosamine sulfate-potassium chloride equiv. <i>Potassium chloride</i>	500mg 125mg
Chondroitin sulfate - Shark equiv. <i>Chondroitin sulfate</i>	11.1mg 10mg

**Dosage:** Adults: 1 - 3 capsules daily with or after meals, or as directed by your healthcare professional.

**Caution:** If symptoms persist consult your healthcare practitioner. Contains 64.6mg of potassium per capsule. If you have kidney disease or are taking heart or blood pressure medicines, consult your doctor or pharmacist before use. Derived from seafood.





**Pack size:**  
60 film coated tablets/bottle

**SUITABLE FOR:** • •

**Manufactured in Australia**



### Highlights

- Designed to assist with both short-term pain relief as well as long-term healthy uric acid level by increasing uric acid excretion and inhibiting uric acid production
- Celery and potassium citrate increase the pH to make an environment less conducive for crystallisation, to prevent gout attacks
- Devil's claw, tart cherry, celery and vitamin C possess anti-inflammatory and antioxidant properties
- Vegetarian friendly

### Benefits

- Helps reduce the occasional occurrence of symptoms of gout
- Decrease/reduce/relieve symptoms of occasional episodes of gout

**Dosage:** Adults: 2 tablets daily, up to 4 tablets daily, during times of pain, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Vitamins can only be of assistance if the dietary vitamin intake is inadequate. Contains lactose. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

### Ingredients: Each film coated tablet contains:

<i>Prunus cerasus</i> (Tart cherry) fruit flesh powder equiv. to fresh	2.5g
<i>Apium graveolens</i> (Celery) seed ext. dry conc. equiv. to dry	3g
<i>Harpagophytum procumbens</i> (Devil's claw) tuber ext. dry conc. equiv. to dry	570mg
Potassium citrate equiv. Potassium	50mg 18.08mg
Ascorbic acid (vitamin C)	50mg
Folic acid (vitamin B9) (Quali®-B)	90µg

GoutFighter has been the subject of a clinical trial involving 30 adults (average age of 54 years, 87% male) to validate its safety and efficacy in managing symptoms of gout over 45 days, showing its effects in joint pain and swelling, and lowering of blood uric acid levels.

Publication available at  
<https://www.degruyter.com/document/doi/10.1515/jcim-2019-0074/html>  
or scan the QR code.



**Pack size:**  
60 film coated tablets/box

**SUITABLE FOR:** • •

**Manufactured in Australia**



### Highlights

- Comprehensive calcium & micronutrient formula to support bone density and flexibility in growing and mature bones – for all ages; including pregnant & breastfeeding women
- Ingredients carefully selected from clean, high quality raw material manufacturers in Australia, USA, Japan, Europe
- Manufactured in compliance with pharmaceutical Good Manufacturing Practice (GMP) guidelines

### Benefits

- For bone, muscle, teeth health & development
- Maintain neuromuscular system Health prevent/support Osteoporosis treatment

**Dosage:** Children (4-8 yrs): 1 capsule daily; (9-18 yrs): 1-3 capsules daily; Adults (> 18 yrs): 1-2 capsules twice daily, with a meal, or as directed by a healthcare professional

**Caution:** If symptoms persist consult your healthcare practitioner.

### Ingredients: Each film coated tablet contains:

Hydroxyapatite equiv. Calcium	208.33mg 50mg
Calcium phosphate equiv. Calcium	382.09mg 133.73mg
Calcium citrate tetrahydrate equiv. Calcium	315.2mg 66.43mg
<b>Total Calcium</b>	250.16mg
Heavy magnesium oxide equiv. Magnesium	200mg 120.61mg
Zinc amino acid chelate equiv. Zinc	10mg 2mg
Manganese amino acid chelate equiv. Manganese	15mg 1.5mg
Colecalciferol equiv. vitamin D3	5mcg 200IU
Folic acid (vitamin B9)	90mcg
Phytomenadione (vitamin K1)	40mcg
Menaquinone 7 (vitamin K2)	5mcg



Pack size: 100g/tube  
SUITABLE FOR: ●●  
Manufactured in Australia

Highlights

- A unique, well-absorbed, joint and muscle relief topical gel, carefully designed from naturally-derived ingredients
- Features the combined benefits of bee venom extract, glucosamine, methyl salicylate and medicinal herbs to help target and relieve and repair sore muscles and joints
- Suitable for short-term relief of arthritis, joint pain, muscular soreness, and post-exercise recovery

Benefits

- Anti-inflammatory/relieve inflammation
- Analgesic/Anodyne/relieve pain
- Decrease/reduce/relieve mild joint inflammation/swelling/pain/soreness/stiffness
- Decrease/reduce/relieve muscle pain/ache/soreness/muscle tension/stiffness

**How to use:** Rub gel into skin directly above or around affected area gently and thoroughly. Apply three to four times a day as required. The amount required will depend on the size of the affected area, but 1-2 grams should be enough. Wash hands well afterwards.

Active Ingredients: Each 1g cream contains:

Glucosamine sulfate	120mg
Methyl salicylate	100mg
<i>Borago officinalis</i> oil	60mg
<i>Mentha piperita</i> (peppermint) essential oil	50mg
<i>Arnica montana</i> infused herb oil	10mg
<i>Hypericum perforatum</i> (St John's Wort) infused herb oil	0.1mg
<i>Apis mellifera</i> (honeybee) venom extract	0.005mg

**Caution:** For external use only. Avoid contact with eyes. Contains homoeopathic ingredients. Contains crustacean products and methyl salicylate. Do not use if you are allergic to any of the ingredients, including bees or bee products. If you develop an irritation or allergic reaction, discontinue use.



Preconception, Pregnancy & Postpartum Range

Women have higher nutritional demands during preconception, pregnancy and breastfeeding. Our preconception, pregnancy & post-delivery range is formulated to support the mother's increase in nutritional requirements as well as the baby's health.



Max Biocare Group provides products that are dedicated to the health and wellbeing of the whole families, with products ranging from supplements, food and nutrition, and beauty. However, we specialize in Women's and Children's wellbeing, as well as immune support and healthy aging.

## Women's Health, Nutrition and Beauty

For a Healthy & Happy Journey

Our products are designed to assist females from young girls, through your special journey of conceiving, pregnancy, giving birth, breastfeeding and caring for your little stars, to menopause. We want you to be healthy, happy and beautiful throughout your journey. We understand that it takes two to make a family, hence we also offer solutions for your partners.



Skin, Hormone Balance, Cardiovascular Health



Iron Supplement



Belmarama -Therapeutic and Dermatologically Tested Skincare

For All Age Groups



Sexual Wellbeing



Ovarian Health, Fertility Health

Preparing for Pregnancy



Nutrition and Supplement for Before, During and After Pregnancy



Breast Milk Production



After Birth Recovery and Skin Care Support

After Birth Support



**Pack size:**

60 film coated tablets/bottle

**SUITABLE FOR:****ALSO BENEFITS:****Manufactured in Australia****Highlights**

- A comprehensive formula combining fenugreek, inositol and selected micronutrients for carbohydrate metabolism and ovarian health

**Benefits**

- Support female reproductive system/preconception health
- Support healthy reproductive hormones. Regulate healthy menstrual cycle
- Aids glucose/sugar/carbohydrate metabolism
- Antioxidant

**Dosage:** Adults: 1-3 tablets twice daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. Vitamins and minerals can only be of assistance if dietary vitamin intake is inadequate. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. Contains soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Ingredients:** Each film coated tablet contains:

Isoflavones (calc. as daidzin/ein, genistin/ein, glycitin/ein) from <i>Glycine max</i> (Soya bean) seed germ ext. dry conc. stand. equiv. to dry	25.336mg 10.13g
<i>Trigonella foenum-graecum</i> (Fenugreek) seed ext. dry conc. equiv. to dry	666.68mg
Inositol	500mg
Nicotinamide (Quali®-B)	83.33mg
Pyridoxine hydrochloride equiv. <i>Pyridoxine</i> (vitamin B6)	8.3mg 6.83mg
Cyanocobalamin (vitamin B12)	166.7µg
Folic acid (vitamin B9) (Quali®-B)	83.3µg
Potassium iodide equiv. <i>Iodine</i>	57.1µg 43.7µg
Colecalciferol (Quali®-D) equiv. <i>vitamin D3</i>	4.1µg 166.7IU

## Procare Diamond Plus

## Support Maternal Health &amp; Healthy Foetal Development

**Highlights**

- Providing 300mg of DHA per capsule to provide optimum support to pregnant and breastfeeding mums in addition to 21 other essential nutrients for mums' health and fetus development
- Contains a bioavailable, patented organic form of iron (ferrous bisglycinate, Ferrochel®) that is gentle on the digestive system. Clinically proven in adults and children to be 3-4 times more bioavailable at doses as low as 15mg/d, compared to ferrous sulfate
- Contains Folinic acid, an alternative from folic acid, more readily converted to active folates.

**Benefits**

- Support preconception health/healthy pregnancy/female reproductive system health/ healthy foetal development/
- Helps prepare the body for pregnancy/enhance/promote maternal postnatal health
- Help to prevent neural tube defects such as spina bifida and/or anencephaly
- Antioxidant/Reduce free radicals formed in the body
- Support general health and wellbeing

**Ingredients:** Each soft capsule contains:

Concentrated fish Omega-3 triglycerides equiv. <i>Docosahexaenoic acid (DHA)</i> equiv. <i>Eicosapentaenoic acid (EPA)</i>	638mg 300mg 63.8mg
Potassium iodide (equiv. <i>Iodine 150mcg</i> )	196mcg
Iron (II) glycinate (Ferrochel®) equiv. <i>Iron</i>	92.25mg 24mg
Folic acid (vitamin B9)	400mcg
Calcium Folate (equiv. <i>Folinic acid 100mcg</i> )	127mcg
Calcium hydrogen phosphate equiv. <i>Calcium</i> equiv. <i>Phosphorus</i>	170mg 50mg 38.7mg
Colecalciferol (vitamin D3 600IU)	15mcg
Thiamine nitrate (vitamin B1 2mg)	2.47mg
Riboflavin (vitamin B2)	2mg
Nicotinamide	18mg
Pyridoxine hydrochloride (vitamin B6) equiv. <i>Pyridoxine</i>	12.15mg 10mg
Ascorbic acid (vitamin C)	50mg

**Ingredients:** Each soft capsule contains:

d-alpha-Tocopherol equiv. <i>vitamin E</i>	6.71mg 10IU
Cyanocobalamin (vitamin B12)	10mcg
Calcium pantothenate (equiv. <i>Pantothenic acid 5mg</i> )	5.45mg
Biotin	200mcg
Selenomethionine (equiv. <i>Selenium 30mcg</i> )	75mcg
Betacarotene	3mg
Zinc citrate dihydrate (equiv. <i>Zinc 15mg</i> )	46.65mg
Heavy magnesium oxide (equiv. <i>Magnesium 30mg</i> )	92.25mg

**Dosage:** Adults: 1 capsule daily, with a meal, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. If you are concerned about the health of yourself or your baby, talk to your health practitioner. Do not exceed the stated dose except on medical advice. If you have had a baby with a neural tube defect/spina bifida, seek specific medical advice. Vitamins and minerals can only be of assistance if dietary intake is inadequate. Do not use if cap seal is broken. Keep out of reach of children.

**Pack size:**

30 soft capsules/bottle

**Manufactured in Australia**



# The Procure Range

## For Preconception, Pregnancy & Breastfeeding

The Procure range is specifically formulated for mother and baby's health. Procure's comprehensive one-a-day formulas support mother's increase in nutritional requirements, and baby's development throughout pregnancy and breastfeeding.



Each Procure formulation provides:

- ✓ 400-500mg folic acid
- ✓ Omega-3 fatty acids (DHA & EPA)
- ✓ 16 essential vitamins & minerals

**PM Procure** - An established pregnancy and breastfeeding formula with 17 nutrients

**PM Procure Diamond** - Features increased levels of selected nutrients (e.g. DHA, EPA, and Iron). Suitable for women who have passed the optimal age for pregnancy.

**PM Procure Plus** - Features folinic acid (activated form of folic acid) and Ferrochel® (patented form of iron with high bioavailability).

Procure Pregnancy & Breastfeeding Formula*	Procure Diamond Premium Pregnancy & Breastfeeding Formula*	Procure Diamond Plus Preconception, Pregnancy & Breastfeeding Formula*
Pack size: 60 capsules/bottle	Pack size: 30 capsules/bottle	Pack size: 30 capsules/bottle
<b>Ingredients:</b> Each soft capsule contains: Fish oil - Natural (Tuna) 500mg equiv. Docosahexaenoic acid (DHA) 130mg equiv. Eicosapentaenoic acid (EPA) 30mg equiv. Omega-3 marine triglycerides 160mg Pyridoxine hydrochloride 5mg equiv. Vitamin B6 4.12mg Ferrous fumarate (equiv. Iron 5mg) 15.7mg Calcium hydrogen phosphate 156mg equiv. Calcium 46mg Calcium pantothenate 5mg equiv. Pantothenic acid 4.5mg Colecalciferol (equiv. Vitamin D3 100IU) 2.5mcg Thiamine nitrate (Vitamin B1) 5mg Riboflavine (Vitamin B2) 5mg Nicotinamide (Vitamin B3) 5mg Folic acid (Vitamin B9) 400mcg Potassium iodide (equiv. Iodine 75mcg) 98mcg Betacarotene (equiv. Dunaliella salina 3.34mg) 1mg d-alpha-Tocopherol (equiv. Vitamin E 10IU) 6.71mg Cyanocobalamin (Vitamin B12) 10mcg Ascorbic acid (Vitamin C) 50mg Magnesium oxide - Heavy 47.3mg equiv. Magnesium 28.5mg Zinc sulfate monohydrate (equiv. Zinc 8mg) 22.2mg	<b>Ingredients:</b> Each soft capsule contains: Concentrated omega-3 triglycerides - Fish 500.0003mg equiv. Docosahexaenoic acid (DHA) 216mg equiv. Eicosapentaenoic acid (EPA) 45mg Pyridoxine hydrochloride 5mg equiv. Vitamin B6 4.12mg Ferrous fumarate (equiv. Iron 24mg) 75.4mg Calcium hydrogen phosphate 200mg equiv. Calcium 59mg equiv. Phosphorus 46.6mg Calcium pantothenate 5mg equiv. Pantothenic acid 4.5mg Colecalciferol (equiv. Vitamin D3 200IU) 5mcg Thiamine nitrate (Vitamin B1) 5mg Riboflavine (Vitamin B2) 5mg Nicotinamide (Vitamin B3) 5mg Folic acid (Vitamin B9) 500mcg Potassium iodide (equiv. Iodine 200mcg) 262mcg Betacarotene (equiv. Dunaliella salina 3.34mg) 1mg d-alpha-Tocopherol (equiv. Vitamin E 10IU) 6.71mg Cyanocobalamin (Vitamin B12) 10mcg Ascorbic acid (Vitamin C) 50mg Magnesium oxide - Heavy 49.8mg equiv. Magnesium 30mg Zinc sulfate monohydrate (equiv. Zinc 8mg) 22.2mg	<b>Ingredients:</b> Each soft capsule contains: Fish oil - Natural (Tuna) 500mg equiv. Docosahexaenoic acid (DHA) 130mg equiv. Eicosapentaenoic acid (EPA) 30mg equiv. Omega-3 marine triglycerides 160mg Pyridoxine hydrochloride 5mg equiv. Vitamin B6 4.12mg Iron (II) glycinate (equiv. Iron 24mg) 92.25mg Calcium hydrogen phosphate 200mg equiv. Calcium 59mg equiv. Phosphorus 45.6mg Calcium pantothenate 5mg equiv. Pantothenic acid 4.5mg Colecalciferol (equiv. Vitamin D3 200IU) 5mcg Thiamine nitrate (Vitamin B1) 5mg Riboflavine (Vitamin B2) 5mg Nicotinamide (Vitamin B3) 5mg Folic acid (Vitamin B9) 400mcg Potassium iodide (equiv. Iodine 200mcg) 262mcg Betacarotene (equiv. Dunaliella salina 3.34mg) 1mg d-alpha-Tocopherol (equiv. Vitamin E 10IU) 6.71mg Cyanocobalamin (Vitamin B12) 10mcg Ascorbic acid (Vitamin C) 50mg Magnesium oxide - Heavy 47.3mg equiv. Magnesium 28.5mg Zinc sulfate monohydrate (equiv. Zinc 8mg) 22.2mg Calcium folinate (equiv. Folinic acid 100mcg) 127mcg

**Dosage:** Adults: 1 capsule daily with or after meal, or as directed by a healthcare professional.

**Caution:** Do not exceed the stated dose except on medical advice. If you have had a neural tube defect / spina bifida, seek specific medical advice. Vitamins can only be of assistance if the dietary vitamin intake is inadequate. If symptoms persist consult your healthcare practitioner. Derived from seafood.

\*Free from added egg, dairy, yeast, peanut, gluten, artificial colourings, sweeteners or preservatives. \*\*Ingredients in pink denotes higher levels than PM Procure.





**Pack size:**

30 soft capsules/bottle

**SUITABLE FOR:**



Manufactured in Australia

**Highlights**

- A blood tonic formulation supporting iron uptake and utilisation required for healthy blood and metabolism
- Provides a bioavailable and patented form of iron (Ferrochel®) that has been clinically proven in adults and children to be 3-4 times more bioavailable compared to ferrous sulfate
- Contains Folinic acid, activated form of folic acid, more readily absorbed form of folic acid.
- One-a-day, small soft capsule dosage form, very easy to take

**Benefits**

- Support blood health and blood circulation
- Assists healthy red blood cell production
- Helps maintain haemoglobin formation/synthesis
- Help to prevent neural tube defects such as spina bifida and/or anencephaly

**Dosage:** Adults: 1 capsule daily, with or after a meal, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. Vitamins and minerals can only be of assistance if dietary intake is inadequate. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. Do not exceed the stated dose except on medical advice. If you have had a baby with a neural tube defect/spina bifida, seek specific medical advice. Contains sulfites and soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Ingredients:** Each soft capsule contains:

Iron (II) glycinate equiv. Iron from Ferrous bisglycinate chelate 20% (Ferrochel®)	92.25mg 24mg 120mg
Folic acid (vitamin B9) (Quali®-B)	400µg
Calcium Folate equiv. Folinic acid	127µg 100µg
Ascorbic acid (vitamin C)	50mg
Thiamine nitrate (vitamin B1) (Quali®-B)	5mg
Riboflavin (vitamin B2)	5mg
Pyridoxine hydrochloride equiv. Pyridoxine (vitamin B6)	6.08mg 5mg
Cyanocobalamin (vitamin B12)	10µg

IronUp® has been the subject of a clinical trial to evaluate its effectiveness in reversing iron deficiency in 120 pregnant women, in comparison to a commercial source of ferrous sulfate, over a 6-month period. Findings: IronUp providing 24mg of iron element is comparable to standard ferrous fumarate at 66mg of iron element for the clinical management of iron deficiency during pregnancy, with comparatively better absorption, tolerability, and efficacy and with a lower elemental iron dosage.

Publications available at  
<https://www.mdpi.com/2072-6643/14/3/452>  
or scan the QR code.



ProLactation

Support breast milk production/lactation



**Pack size:**

30 film coated tablets/bottle

Manufactured in Australia



**Highlights**

- Specifically formulated to support breastfeeding women to assist with milk secretion and quantity
- Combines traditional galactagogue herbs that have been used for thousands of years from around the world and confirmed by scientific evidence for their use in breastfeeding support
- May also assist in the prevention of post partum syndromes, stimulate wound healing and complexion, encourage appetite, sleep regularity and mental clarity
- Free from added egg, dairy, shellfish, fish products, crustacean products, peanut, animal products, yeast, gluten, soy, starch, sugar, artificial flavourings, sweeteners or preservatives

**Benefits**

- Support breast milk production/lactation
- Galactagogue/lactagogue, increase breast milk production
- Anti-inflammatory. Antioxidant. Support skin repair/healing/regeneration

**Dosage:** Breastfeeding women only: 3 tablets daily, or as directed by a healthcare professional.

**Caution:** If symptoms persist, talk to your health professional. If you are concerned about the health of yourself or your baby, please consult with your

**Ingredients:** Each film coated tablet contains:

**Ext. dry conc. equiv. to dried:**

<i>Trigonella foenum-graecum</i> (Fenugreek) seed	1g (1,000mg)
<i>Asparagus racemosus</i> (Shatavari) root	1.2g (1,200mg)
<i>Zingiber officinale</i> (Ginger) rhizome	550mg

**Ext. dry conc. stand. equiv. to dried:**

<i>Curcuma longa</i> (Turmeric) rhizome equiv. Curcuminoids	1.316g 50mg
<i>Piper nigrum</i> (Black pepper) fruit equiv. Piperine (BioPerine®)	10.79mg 500mcg

healthcare practitioner. Contains soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.



**Pack size:**  
60 film coated tablets/box  
**Manufactured in Australia**

- Highlights**
- Combines both scientific and traditional medical knowledge in the area of recovery after birth
- Benefits**
- Post partum tonic
  - Maintain/support skin health. Maintain/support wound healing, skin repair/body tissue healing/regeneration
  - Anti-inflammatory/relieve inflammation.
  - Maintain/support healthy immune system function
- Dosage:** Adults only: 2 tablets daily, or as directed by a healthcare professional.

Ingredients: Each film coated tablet contains:	
Ext. dry conc. stand. equiv. to dried:	
Curcuma longa (Turmeric) rhizome equiv. Curcuminoids	10.1g 150mg
Piper nigrum (Black pepper) fruit equiv. Piperine (BioPerine®)	56mg 3.5mg
Plus	
Biotin	37.5 mcg
Vitamin C ( from calcium ascorbate dihydrate)	100mg
Zinc (from zinc amino acid chelate)	12.5mg

## Sexual & Reproductive Health Range

Sexual and reproductive health have important roles in our physical and mental wellbeing. Our sexual & reproductive health range is designed specifically to support libido, performance, fertility and wellbeing.



**Pack size:**  
60 film coated tablets/bottle

**SUITABLE FOR:** •

**ALSO BENEFITS:** •

**Manufactured in Australia**



### Highlights

- A unique combination of green tea, chasteberry and important micronutrients designed to support preconception and reproductive system health
- Vegan friendly

### Benefits

- Support female reproductive system health. Helps enhance preconception health.
- Maintain female healthy hormonal balance/ regulate healthy menstrual cycle
- Reduce/relieve symptoms of premenstrual tension/menstrual cycle irregularity/irregular periods/menstrual spasms/cramps
- Aid healthy red blood cell production. Antioxidant

**Dosage:** Adults: 1 tablet twice daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Adults only. Contains 14.6mg total caffeine per tablet. A cup of instant coffee contains approximately 80mg of caffeine.

**Ingredients:** Each film coated tablet contains:

#### Extracts dry conc. equiv. to dried:

<i>Vitex agnus-castus</i> (Chasteberry) fruit	200mg
<i>Camellia sinensis</i> (Green tea) leaf	1.95g

#### Plus:

Sodium selenate equiv. <i>Selenium</i>	84µg 35µg
d-alpha-Tocopheryl acid succinate equiv. <i>vitamin E</i>	86.059mg 100IU
Folic acid (vitamin B9) (Quali®-B)	250µg
Ascorbic acid (vitamin C)	375mg
Pyridoxine hydrochloride equiv. <i>Pyridoxine (vitamin B6)</i>	3.7mg 3mg
Cyanocobalamin (vitamin B12)	12µg
Zinc amino acid chelate equiv. <i>Zinc</i>	37.5mg 7.5mg

Caffeine intake more than 200mg per day is not recommended during pregnancy or breastfeeding. *Vitex agnus-castus* may affect hormones and medicines such as oral contraceptives. Consult your health professional before use. Contains soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.



**Pack size:**  
60 hard capsules/bottle

**SUITABLE FOR:** •

**Manufactured in Australia**

Hominax® has been the subject of an Australian clinical trial to evaluate its efficacy and safety as a sperm health antioxidant and protective supplement in adult males (n = 50, aged 20-60 years).

### Highlights

- A combination of medicinal herbs and selected micronutrients targeted to support sperm health
- Evaluated as part of a multi-centre, research trial in Australia for sperm health in men trying to conceive

### Benefits

- Support sperm/reproductive system health
- Antioxidant/Reduce free radicals formed in the body
- Maintain selenium/zinc/folate/vitamin B6/vitamin B12/vitamin C/vitamin E levels in the body
- Support general health and wellbeing

**Dosage:** Adults: 1 capsule daily, or as directed by a healthcare professional.

**Caution:** Always read the label. Follow the directions for use. Adults only. Vitamin and/or mineral supplements should not replace a balanced diet. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Do not take while on warfarin therapy without medical advice. The recommended dose of this medicine provides small amounts of caffeine. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Ingredients:** Each hard capsule contains:

#### Extracts dry conc. equiv. to dried:

<i>Panax ginseng</i> (Ginseng) root	500mg
<i>Camellia sinensis</i> (Green tea) leaf	600mg
<i>Vitis vinifera</i> (Grapeseed) seed	600mg

#### Plus:

Lycopene (redivivo™)	3mg
Levocarnitine tartrate	250mg
Acetyl levocarnitine hydrochloride	125mg
Ubidecarenone (Co-Enzyme Q10)	25mg
Selenomethionine equiv. <i>Selenium</i>	87.4µg 35µg
Cysteine hydrochloride	5mg
Zinc amino acid chelate equiv. <i>Zinc</i>	62.5mg 12.5mg
Ascorbic acid (vitamin C)	60mg
d-alpha-Tocopheryl acid succinate equiv. <i>vitamin E</i>	41.67mg 50IU
Folic acid (vitamin B9) (Quali®-B)	200µg
Cyanocobalamin (vitamin B12)	5µg
Pyridoxine hydrochloride equiv. <i>Pyridoxine (vitamin B6)</i>	2.5mg 2.1mg



# Femme-F & Hominax®



**For Healthy Reproductive System Health**



## Redlife for Women®

Maintain/Support Sperm/Reproductive System Health



**Pack size:**  
60 film coated tablets/bottle

**SUITABLE FOR:** •

**ALSO BENEFITS:** •

**Manufactured in Australia**

### Highlights

- RED-LIFE for WOMEN® is a formula to support women's sexual health, and assist in the relief of PMS-related symptoms
- Provides the combined health benefits of horny goat weed, chasteberry, panax ginseng, tyrosine, calcium and vitamins (B9 and B12)

### Benefits

- Enhances sexual health
- Improves libido
- Promotes general well-being
- Assists in the management of PMS-related distress symptoms
- May improve sexual arousal
- Promotes healthy energy levels
- Supports bone health
- May improve mental stamina during times of stress
- Non-vitamin active ingredients may improve stress adaptation
- Improves ongoing sexual health, performance and well-being
- May provide relief from the common female symptoms of bloating, general oedema and breast tenderness (mastalgia)
- May improve immune adaptation during times of stress

### Ingredients: Each tablet contains:

#### Extracts dry conc. equiv. to dry:

<i>Epimedium sagittatum</i> (Horny goat weed) leaf	1g (1,000mg)
<i>Vitex agnus-castus</i> (Chasteberry) fruit	100mg
<i>Panax ginseng</i> root	500mg

#### Plus:

Tyrosine	250mg
Calcium hydrogen phosphate dihydrate equiv. Calcium	450mg 103.5mg
Folic acid (Vitamin B9)	90mcg
Cyanocobalamin (Vitamin B12)	5mcg

**Dosage:** Adults: 1 capsule daily, or as directed by a healthcare professional.

**Caution:** Vitamin supplements should not replace a balanced diet. If symptoms persist consult your healthcare practitioner.





## PMS & Menopause Range

Women experience physical and hormonal changes at different stages in their life. Our PMS & menopause range provides herbal formulations to support women's health, and provide relief from PMS and menopausal symptoms.



### PM H-Regulator®

### Supporting Women's Health



**Pack size:**  
30 hard capsules/bottle

**SUITABLE FOR:** •

**ALSO BENEFITS:** •

**Manufactured in Australia**

#### Highlights

- A formulation designed to help relieve symptoms of PMS and menopause
- Contains chasteberry and soy isoflavones that have been shown in both traditional medicine and scientific studies to be beneficial for women's hormonal issues

#### Benefits

- Support female healthy hormonal balance during the reproductive cycle.
- Decrease menstrual cycle irregularity.
- Reduce/relieve symptoms of menopause.
- Promotes cardiovascular function
- Supports bone health
- Antioxidant and anti-inflammation

**Ingredients:** Each hard capsule contains:

#### Ext. dry conc. equiv. to dried:

<i>Glycine max</i> (Soya bean) seed equiv. Isoflavones calc. as daidzin/ein, genistin/ein, glycitin/ein	32g 80mg
<i>Vitex agnus-castus</i> (Chasteberry) fruit	200mg

**Dosage:** Adults: 1 capsule daily, with meals, or as directed by a health professional.

**Caution:** If symptoms persist, talk to your health professional. Contains sulfites and soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Pack size:**

30 soft capsules/bottle

**SUITABLE FOR:****ALSO BENEFITS:****Manufactured in Italy****Highlights**

- Delivers the combined benefits of SoyLife® soy germ Isoflavones, with high purity black cohosh, chasteberry extracts and evening primrose oil to assist with women's health
- SoyLife® has been clinically researched in more than 35 proprietary studies on women's, cardiovascular, skin, gut, bone and cognitive health. Demonstrated to be equivalent to HRT in alleviating hot flushes and symptomatic scores

**Benefits**

- Helps enhance skin health. Support skin integrity/structure. Antioxidant/Reduce free radicals formed in the body
- Support healthy cardiovascular system function.
- Helps in the maintenance of healthy blood lipids/blood fats. Helps maintain healthy cholesterol
- Support female healthy hormonal balance during the reproductive cycle. Decrease/relieve menstrual cycle irregularity. Reduce/relieve symptoms of menopause

**Caution:** Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Warnings: In very rare cases, black cohosh has been associated with liver failure. If you are experiencing yellowing of the skin or whites of the eyes, dark urine, nausea, vomiting, unusual tiredness, weakness, stomach or abdominal pain, and/or loss of appetite, you should

stop using this product and see your doctor. *Vitex agnus-castus* may affect hormones and medicines such as oral contraceptives. Consult your health professional before use. Contains sulfites and soya bean products. Do not take this product if allergic to any of its composition. Do not use if cap seal is broken. Keep out of reach of children.

**Ingredients:** Each Vegicaps® soft capsule contains:

Isoflavones (calc. as daidzin/ein, genistin/ein, glycitin/ein) from <i>Glycine max</i> (Soya bean) seed germ ext. dry conc. stand. equiv. to fresh (SoyLife®)	100mg 7.5g
<i>Actaea racemosa</i> (Black cohosh) root & rhizome ext. dry conc. equiv. to dry	520mg
<i>Vitex agnus-castus</i> (Chasteberry) fruit ext. dry conc. equiv. to dry	400mg
Evening Primrose Oil	500mg

Investigated in a double-blind, placebo controlled study in 110 post-menopausal women to validate its efficacy and safety for menopausal symptoms, cardiovascular health, antioxidant status, skin integrity (scaliness/roughness), and skin integrity (elasticity, wrinkles). See: <https://rb.gy/wkxewi>; <https://rb.gy/rbmjex>; and <https://rb.gy/0nalaf>.

- ✓ Maintain female healthy hormonal balance
- ✓ Helps enhance skin health. Maintain skin integrity/structure
- ✓ Reduce menstrual cycle irregularity/irregular periods
- ✓ Helps reduce free radical damage to body cells
- ✓ Relieve vaginal dryness

Clinically researched



## Skin & Personal Care

Skin is a sensitive and fragile part of the body that guards us from the environment and often reflects our general health. Our skincare and personal care ranges provide formulations for skin repair, protection, nutrition and healing, from outside and within.



### Apiseal

#### Skin Repair & Wound Healing



Pack size: 100g/tube

SUITABLE FOR: ●●

Manufactured in Australia

#### Highlights

- A gentle, topical gel formula designed to protect and promote skin repair and healing of open and closed wounds
- Enriched with the natural benefits of medicinal herbs used traditionally to protect and promote skin repair
- Combines important micronutrients for skin regeneration, antioxidant defence and cellular activity

#### Benefits

- Enhance/improve/promote skin healing/collagen formation/connective tissue formation
- Maintain/support wound healing
- Antimicrobial/antiseptic for minor cuts and abrasions
- Cleanse minor skin wound/cuts/scratches/abrasions
- Antioxidant/Reduce free radicals formed in the body

**How to use:** Wash hands before use. Dab a small amount of gel into the affected area of skin gently and re-apply after 4-6 hours. Wash hands well afterwards. Avoid contact with eyes.

#### Active Ingredients: Each 1g cream contains:

<i>Borago officinalis</i> seed oil	60mg
Vitamin C	50mg
<i>Calendula officinalis</i> extract	40mg
Zinc oxide	30mg
Vitamin K	10mg
Vitamin D3	3mg
<i>Aloe barbadensis</i> (Aloe vera) leaf extract	2.5mg
Detoxified bee venom	1mg

**Caution:** Contains homoeopathic ingredients. Do not use if you are allergic to any of the ingredients, including bees or bee products. If you develop an irritation or allergic reaction, discontinue use.





Max Biocare



Little Étoile



Belmarama



Mums & Bubs Hub



Natural  
Inspiration  
@Yinnar



Max Biocare  
Institute



Young Sparks



Nurture Central



Healthy  
Ageing Central

